



Women As Leaders By – Nabila Husseni

Introduction: How many women are leaders? So few. We are the women, the sparks of the future. Investing in women can unlock infinite potential around the globe. There are many brave women around the world, such as those with bleeding disorders who also happen to live in countries that do not treat women with respect. Women have always played an important role in their hemophilia communities but most are not given opportunities to convey their needs and desires. While males are the hemophilia sufferers, females can be bleeders and suffer, too.

Materials & methods: The world is full of leadership programs, but the best way to discover your leadership skills might be right under your nose. As a woman with a rare bleeding disorder, I have volunteered to facilitate women's group meetings in my hemophilia chapter to learn leadership skills. These meetings have given me opportunities to hear different problems and learn about the issues of both men & women.

Results: Women frequently underestimate their abilities. Not all feel open to talk about their problems, including topics such as women and bleeding which are taboo in our culture. But we don't have to change ourselves to prove ourselves. We can live within our culture and honor our traditions but still change the world. In the hemophilia community too, the same notion prevails. Simply put, women must work harder to understand themselves.

Conclusion: It is the nature of women to be a helper to men for the things he has to achieve as leaders in our society. More women bleeders are being diagnosed and becoming part of our worldwide community. The hemophilia community must bridge the gap and foster equal opportunities for training of girls and women in all aspects of leadership development in order to bring more girls and women into leadership roles. This begins at the local levels, up to the national and on to the international level. An Arab saying says: a women is like a good sword, if you care for it and keep it close, it will serve you to the ends of the earth.

