

CONSTRUCTION OF THE CASE OF PSYCHOLOGIST AND NURSE STAFF: THE EXPERIENCE IN A DAY HOSPITAL FOR HEMOPHILIAC PATIENTS

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INTRODUCTION AND OBJECTIVES

Hemophiliac patients who are attended at a day hospital have the help of a multidisciplinary team which includes specialist doctors, nurses and psychologists among others. The chronic nature of this pathology means that the patient has a continuous, regular and frequent relationship with the medical teams, who are responsible for giving the medicine, treatment and health education among other tasks. The patients manifest diverse subjective complications during treatment, which involves injecting and is chronic, especially when dealing with children.



This makes it necessary for the teams to count on the collaboration of psychologists and the design of special areas and mechanisms which allow for reflection about the difficulties to be considered in practice at this level.

This is one of the aspects in which the Catalan Association of Hemophilia, by means of its Psychological Service, collaborates with the Hemophiliac Unit of the Valle Hebron hospital in Barcelona.

RESULTS

In the last two years 116 hospitalised patients and 76 hospital day patients have been followed up. Every therapeutic relationship, especially if it is of a chronic nature, is liable to generate prejudices and attitudes, making it complicated. This work carried out between psychologists and nurses benefits from the mechanism of case construction, which has been thought up precisely to embrace the aspects of subjectiveness which may prove difficult to deal with therapeutically.

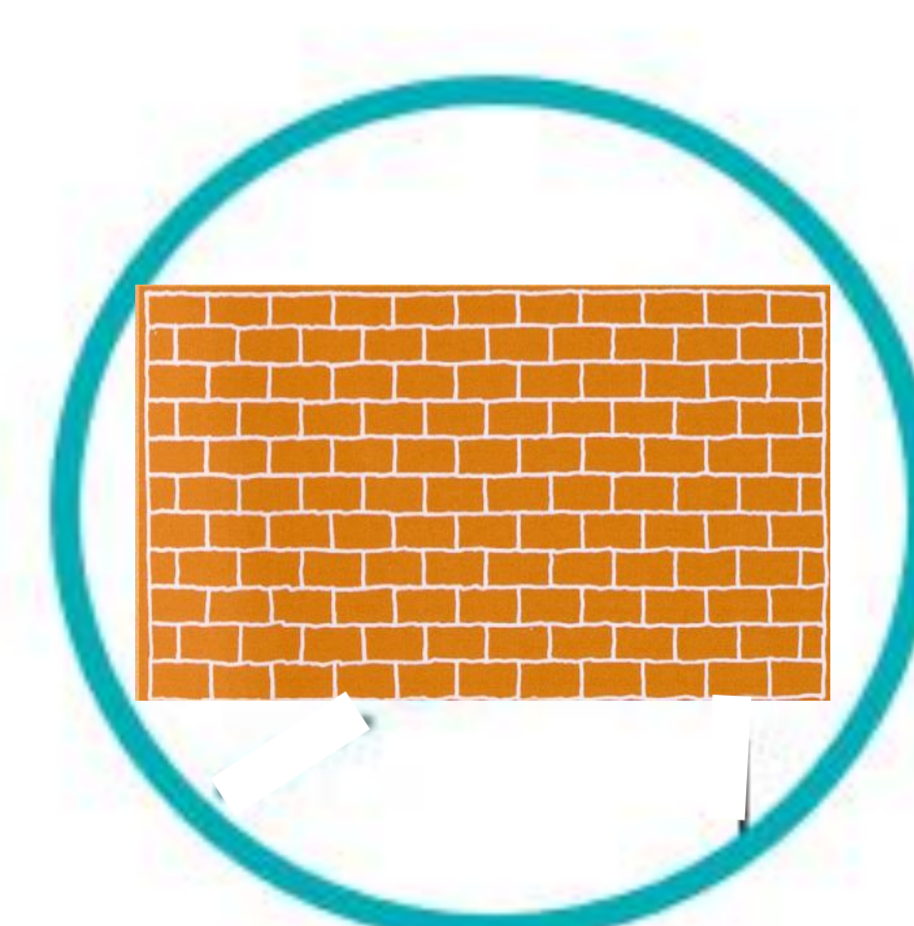
MATERIALS AND METHODS

In order to tackle the work with interdisciplinary teams, the psychologists with psychoanalytical orientation have a mechanism called "Construction of the Case".

This is a tool which allows the multidisciplinary teams to put together the singularity of each case, locate the points of difficulty and / or blockage of the relationship of the patient and his treatment and to elaborate together suitable answers for each patient.



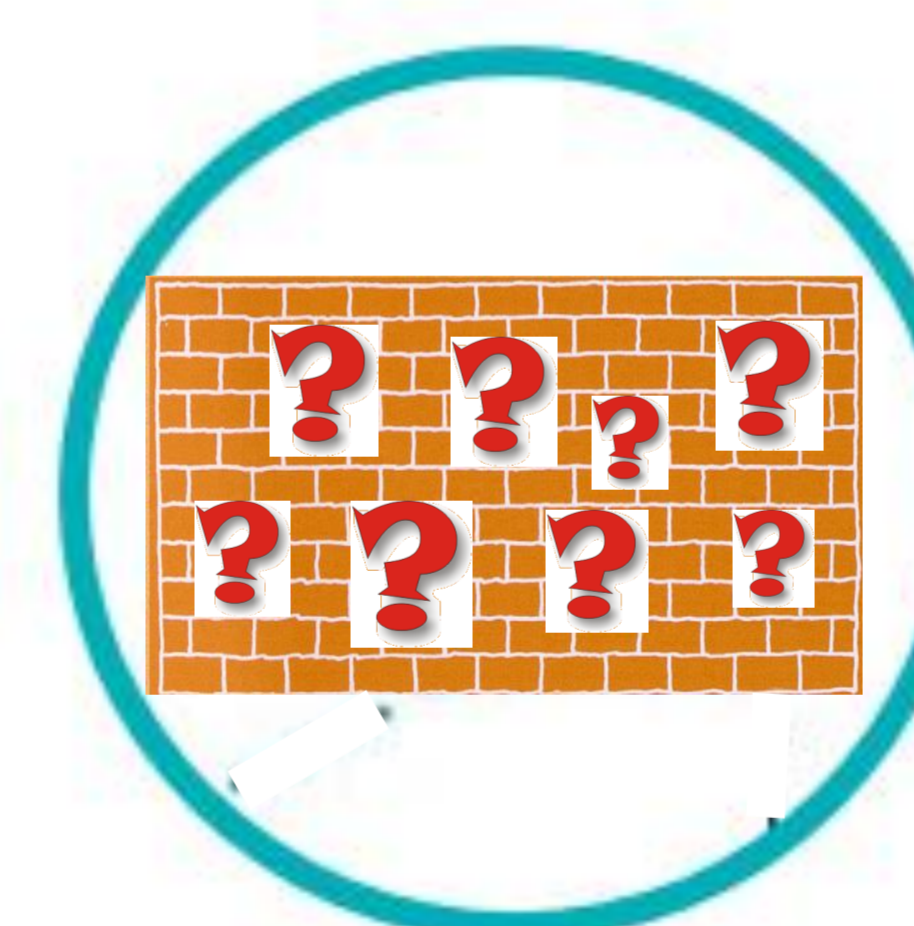
The family is in front of a traumatic event:
SEVERE HAEMOPHILIA DIAGNOSIS



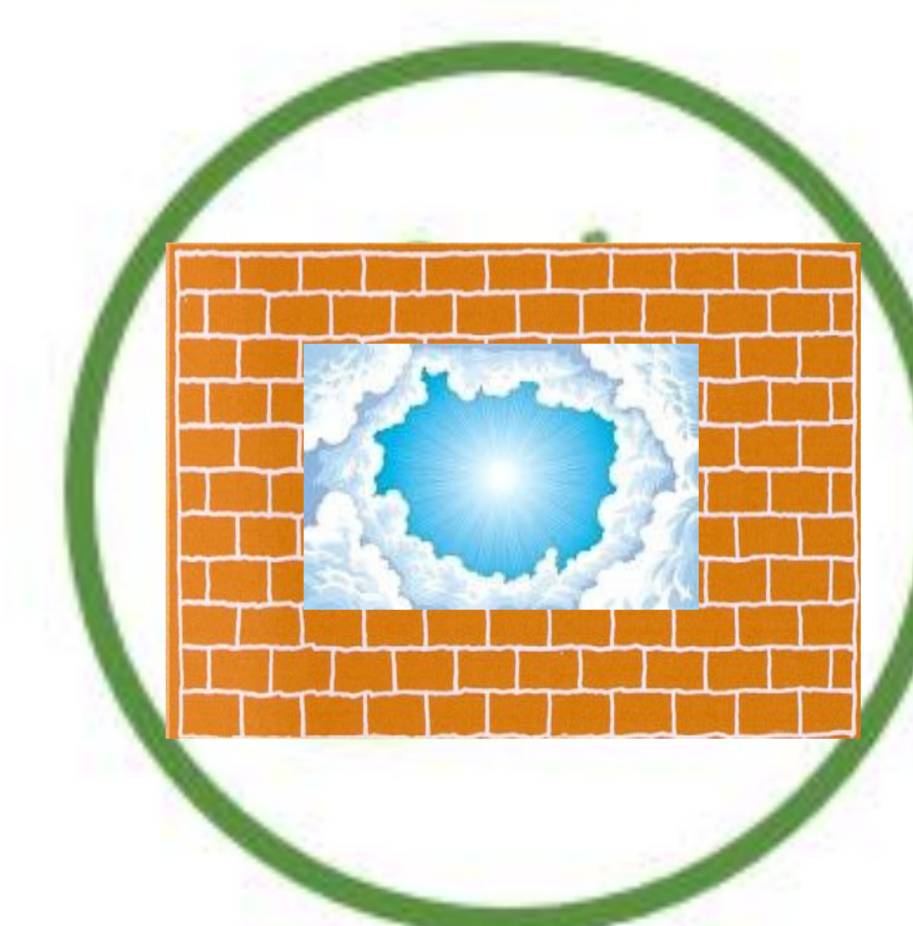
The family responses to this fact can be varied, and go from indifference to anxiety. Sometimes these responses are not enough to provide solutions, even cause problems in the field of the disease's treatment, as an example, puncture rejection



Construction of the case. Hypothesis are formulated about observed phenomena and subjective positions of each family member are made. It is not a mere enumeration data



We do not provide an answer, but help to think about what is happening. We help them to open their own questions, and to think about their involvement in the problem.



These questions can cause changes of positions in the family members. It becomes something of their own that can help them to run their way.



Changes that happen help to advance the own family way. These never come imposed from the outside, the family makes them by their own.

CONCLUSIONS

- The collective work with the psychologists enables the medical staff to deal directly with the patients, to receive and respond better to the subjective difficulties which are manifested in the treatment process
- "Construction of the case" is a mechanism, not only useful to face the problems that arise in our therapeutic relationship with the patients and their treatment, it becomes wealthproducing for the nurses by providing them with a new approach that allows personalized attention.