Up-to-date informative sessions: an opportunity of empowerment

Otília Ragull, Patrícia Cabré, Ana M. Fernández

Catalan Association of Hemophilia Via Laietana, 57, 1-1, 08003 – Barcelona – Spain info@hemofilia.cat

INTRODUCTION AND OBJECTIVES

Since 2009 the Catalan Association of Hemophilia has organized an annual upto-date informative session about hemophilia.



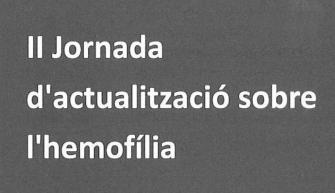
The objectives of these sessions are: - To empower the people with hemophilia and their families - To facilitate up-to-date and contrasted medical information understandable to all the public - To promote participation and community life within the association

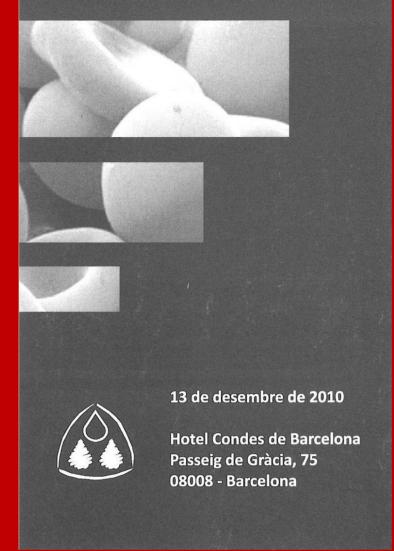
- To get the doctors

responsible for

hemophiliac treatment involved in an activity which goes beyond the assistance and takes place in a non hospital environment.







MATERIAL AND METHODS

Every year, to organize the session we have to carry out some activities:

- 1. To count on the collaboration of medical staff or speakers 2. To agree on the subjects to be exposed. These require two
- qualities: novelty and interest
- 3. Deal with the organization and coordination aspects: choose the date, venue of session, necessary infrastructure for the event, etc.
- 4. Divulgation: material design (posters and leaflets), mailings, web content up-date, etc.
- 5. Search for financial resources
- 6. Quality evaluation of the session





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reached 125 inscribed people. hemophilia treatment, hepatitis C and HIV up-dates, The presentations can be consulted online.

documentary was premiered. voluntary.

every year in a centrally located hotel and with all the necessary infrastructure. novel and original.







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- The attendance has increased year by year, the last session
- The subjects talked about are diverse: new molecules for the
- orthopedic surgery, muscular-skeletal handicap, nursing, pain management, mother cells, genetic therapy, among others.
- Psychological and social debates were programmed too, a
- The collaboration of all the professional experts has been
- We have obtained financial resources to organize the session
- 90% of the attendees value the sessions as very interesting,









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CONCLUSIONS

The sessions offer an excellent opportunity of empowering families, incrementing community life and promoting participation. People are now loyal to the session: every year they expect it. It is also an opportunity to strengthen the collaboration and implication of the medical staff.



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