

SUMMER CAMP WITH TEENS

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OBJETIVE

Promote knowledge, socialization and empowerment about adolescents from Hemophilia Foundation of Salta.

INTRODUCTION

The Hemophilia Foundation of Salta was started in the year 2010, there were five camps with adolescents from 10 years of age and older. Were selected outdoor locations with mountains, beaches, all away from the city of Salta and unknown to the boys. Teens that pertain to our foundation come from families with very low income, for which the opportunity to participate in this camp is something very close to " fulfill a dream " , to see places , traveling by bus , plane, see the sea ...Each of the camps are made to develop objectives and activities under a medical profile - psychological - social. Age groups are considered, the possibility of knowing the place, is given time to leisure-creative and recreational activities. It provides a forum for dialogue, containment, free expression, to strengthen social ties among the youth and the foundation. All activities are held in secure facilities and supervision.

METHODS

Presentation workshops, self-infusion workshop, exhibition topics related to hemophilia, theatre workshops, talks discussion, play and recreational spaces, stoves.

RESULTS

Active participation was achieved; integration and socialization of adolescents, there were bonds of solidarity and cooperation of the largest to the smallest. Presentation spaces were useful to know and be aware of the distances that each must travel to reach the capital, considering geographical, cultural and psychosocial. In each camp the group was educated about the correct methods and benefits of autologous, making the start of it in several of them. Theater workshops provided a space for testing the communication and circulation of the word, helping the personal empowerment and self-esteem. Every year there is greater participation and capacity of expression, familiarizing with the activities and the group.

CONCLUSION

The ability to participate in these spaces contributes to adolescents knowledge, self-confidence, opportunities to socialize, respect for others, independence and individual responsibility, which leads to the empowerment of the disease and a better quality of life.

