

# PREVENTION TREATMENT IN PATIENTS WITH HEMOPHILIA



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## INTRODUCTION AND OBJECTIVES

Children and adolescents are particularly at risk of dental caries; although all of them have a basic knowledge of dental health, such as the importance of proper brushing and diet in preventing dental caries, many of them fail to brush their teeth effectively and tend to consume cariogenic foods.

Therefore our first step is to implement a survey made to diagnose the level of knowledge of and adherence to Preventive Measures.

The aim of this paper is to evaluate the existing knowledge, attitude and oral health practices among our patients and to share our experiences with the rest of the International Dental Community. We consider that the information obtained through this survey would assist in oral care and improve the prevention treatment.

## METHODS

The study group consists of 50 patients with their parents; and their age range is 2 – 12 years old. The research was made during the first semester of 2015; a survey and clinical evaluation were made as a part of a pilot study. A questionnaire was used to collect data about:

- Hygiene Habits
- Usual Diets
- Frequency of tooth brushing
- Frequency of and reason for dental visits
- Use of fluoride solution

## RESULTS

Nearly all patients (92%) clean their teeth, but only 53% can do it on their own because of their age, and all of them do it at least once a day.

Compliance with a diet free from acids and sugars was observed in only 45% of the cases. The reason for dental visits is dental treatment in 65% of cases.

As far as fluoride is concerned, 65% of the patients know its advantages.

## CONCLUSIONS

We consider that the information obtained through this survey will assist us in oral care. We found brushing is not good enough, so our patients need to be taught to do it more efficiently. It is also necessary to give patients and their parents guidelines of nutritional education. Finally we will give our patients a brochure about the advantages of fluoride use.

## REFERENCES

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