

# Education: effective tool in the prevention of complications and appropriate management of Hemophilia's patient in Panama.



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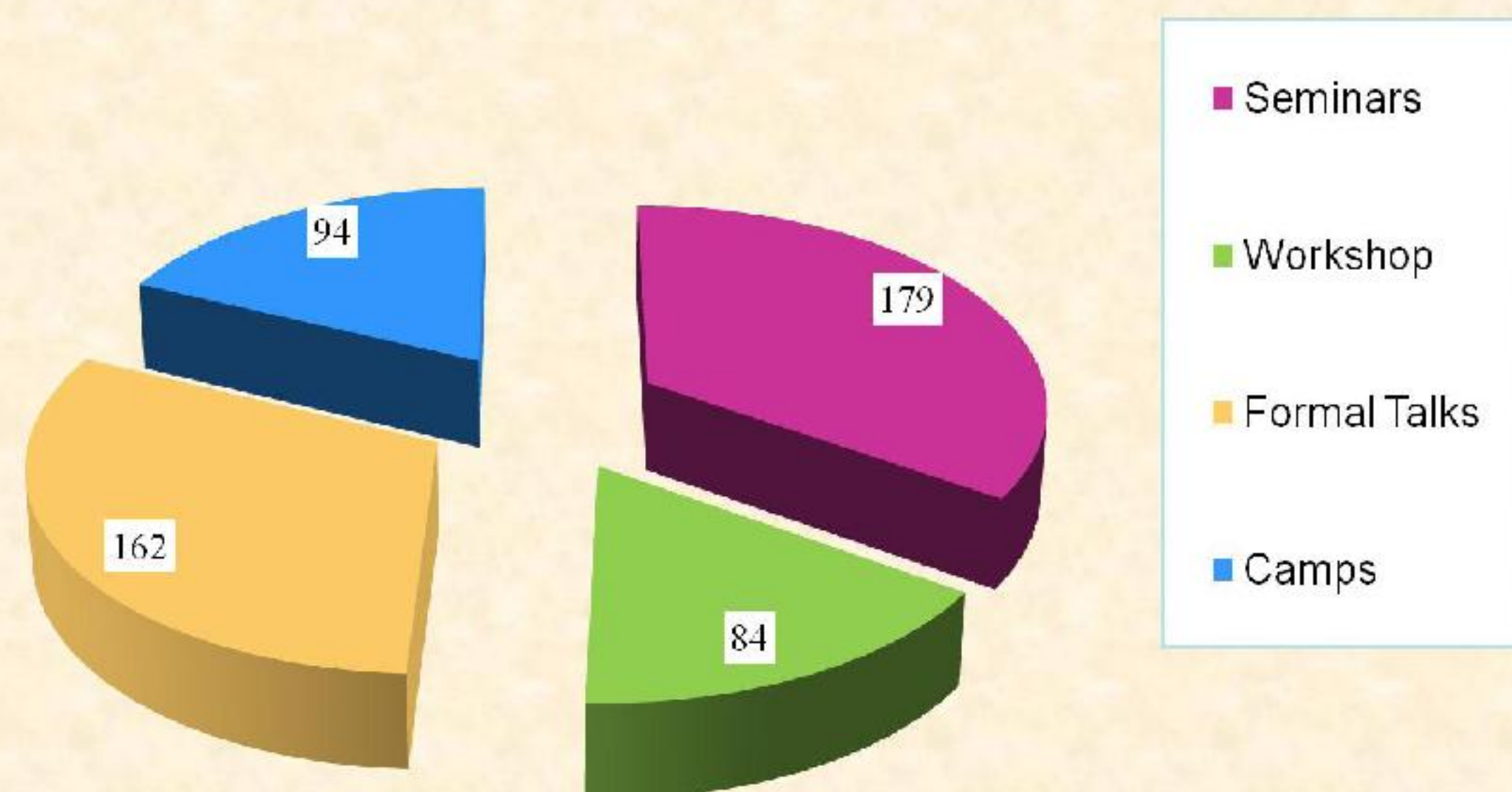
## Methods:

## Objectives:

1. "Implementing educational programs, timely and varied, patients of different ages, their families and health personnel serving them to increase their knowledge about diagnosis, treatment, management and prognosis of Hemophilia.
2. "To promote the proper management of the disease before the various circumstances of life and take charge of health practices that improve adherence to treatment."

- Implemented various educational activities in hemophilia care, among which are seminars, formal lectures, workshops and camps. The methodology used in each is characterized by being highly participatory, group, open, flexible, practical to ensure a meaningful learning in the participants.
- For the implementation of educational sessions we take different levels of development of those involved in the educational process, geographic area with the highest concentration of hemophilia, the knowledge and experiences that have through the condition of hemophilia and the limited professional intervention to the demand for health care of the patient.
- Each is developed by the multidisciplinary team, professionals from different disciplines who contribute according to their knowledge acquired in their capacity as the specific hemophilia's training, and experience in people with hemophilia and their families.

## Participation in Teaching Activities



Source: Statistics Departmen of Hematology Oncology, Children's Hospital, Panama. Years 2010-2011

## Results:



Patients



Health Professionanals



Family

- Promotes continuing education in the individual healthy lifestyles that affect self-care and self-responsibility for their health.
- The information of various workshops and lectures, helps manage your own illness to be more controlled and better quality of life, besides being more efficient with the health resources at its disposal.

- Is important the implementation of educational activities to professionals of different health institutions, to promote the improvement of their technical competencies (knowledge, skills and abilities) in the management of the pressing needs of the patient with hemophilia; especially in the prevention of risk factors that may be the cause of future complications.

- Our proposal is to use **Education like an effective tool** to help, health officials to increase the ethical commitment and solidarity in their own professional practice, in relation to patient with hemophilia, their families and with other health professionals.

- The family is a support available to a person with hemophilia to meet their health care, this will depend largely on the family's ability to adapt and deal properly with the different critical moments.
- The hemophilia in the family presents different challenges and demands, but the implementation of **quality educational programs** have an impact on family dynamics as it encourages its members to develop their inherent potential or latent resources for the benefit of quality of life of patients.

## Conclusions:

Education is an indispensable and effective tool for people with hemophilia and their families to achieve increase their knowledge about the diagnosis, treatment, management and prognosis of the disease.

The information provided through the different teaching activities contributes to better quality of life of the person with hemophilia, since they allow better adherence to treatment, reduces the complications of the disease and frequent hospitalizations.

The information they receive different health professionals on the management of hemophilia is of great utility to improve your speech to the claims raised in its executing unit.

