Characterizing effortful swallows from healthy community dwelling adults using HRCA signals and MBSImP scores

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Introduction

- High resolution cervical auscultation (HRCA) is a noninvasive sensor-based technology that uses acoustic and vibratory signals, advanced signal processing, and machine learning to quantify swallowing.
- HRCA has accurately detected swallowing safety (PAS), swallow kinematic events, and MBSImP scores; and differentiated between swallows from healthy people and swallows from patients.
- **Hypotheses:** HRCA will classify non-effortful and effortful swallows with a high degree of accuracy and there will be differences in MBSImP component scores (#9,#11,#14) between swallows.

Methods

- 36 healthy adults (65.53±7.67 years); 247 thin liquid swallows (71 effortful).
- Standardized VFSSs with 3mL thin liquid command swallows by spoon.
- Temporal kinematic reliability: 100% intra-rater and ICCs of 1.00 for inter-rater.
- MBSImP reliability: 100% intrarater and 79% for inter-rater.
- We used multiple machine learning classifiers and a linear mixed model to analyze the data.

9 HRCA signal features classified between noneffortful and effortful swallows (76% accuracy, 76% sensitivity, 77% specificity).



Figure 1: Power spectral density plot from the HRCA microphone signals showing the difference in peak frequency between the non-effortful and effortful swallows.

HRCA has high potential as a **biofeedback** method for dysphagia treatment.



Figure 2: Placement of HRCA sensors during data collection.



Results

Domain	Signal Feature	_
Time	Standard deviation	
	Skewness	De
	Kurtosis	Descri
Information-	Lempel-Ziv Complexity	
Theoretic		
	Entropy rate	
Frequency	Peak Frequency (Hz)	
	Spectral Centroid (Hz)	
	Bandwidth (Hz)	
Time-Frequency	Wavelet Entropy	

Table 2: Statistically significant HRCA signal features for classifying effortful and non-effortful swallows.

	Standard Deviation	Skewness	Kurtosis	Lempel-Ziv complexity	Entropy Rate	Peak Frequency	Spectral Centroid	Bandwidth	Wavelet entropy
Microphone	0.0177*	0.4246	0.0936	0.1989	0.4892	0.0330*	0.0004*	0.0014*	0.0161*
Anterior- posterior	0.0056*	0.6068	0.6068	0.3430	0.4603	0.5481	0.7029	0.5582	0.1718
Superior- inferior	0.0043*	0.0942	0.3582	0.9820	0.2410	0.1750	0.2033	0.1233	0.0443*
Medial- lateral	0.0238*	0.3065	0.2134	0.5180	0.2958	0.9400	0.5739	0.5182	0.1152

There were no significant differences in MBSImP scores #9, #11, and #14 between non-effortful and effortful swallows.

References

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Table 1: Explanation of features extracted from the HRCA signals.

Significance Reflects the signal variance around its mean value. Describes the asymmetry of amplitude distribution around mean ribes the peakness of the distribution relative to normal distribution Describes the randomness of the signal.

Evaluates the degree of regularity of the signal distribution. Describes the frequency of maximum power. Evaluates the median of the spectrum of the signal. Describes the range of frequencies of the signal. Evaluates disorderly behavior for non-stationary signal.





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