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Emma Williams' MSc work has explored that there is a lack of nurses taking a lead in research and it was felt that this study could empower nurses to take an instrumental role in the running and coordination of a multi site study. Horizons is a national cancer study, funded by Macmillan Cancer Support and led by Professor Claire Foster, Director of the Macmillan Survivorship Research Group at the University of Southampton.

It aims to recruit 3,000 patients with under represented cancers (Younger Breast Cancer, Gynaecological / Vulval cancer and Diffuse Large B Cell Lymphoma)

It also explores the quality of life, treatment and survivorship pathways of these patients with an aim to inform and improve future practice.

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The study is run at Llandough Breast Centre, Gynae Outpatients and Haematology Outpatients, covering a large geographical area and representing the views of cancer patients throughout the Health Board.

Emma has trained up one of the Gynae clinical nurse specialists encouraging her to go from being research naïve to Co- Investigator

Emma hopes to do more sole research projects and is currently planning a dissertation project for her Masters in Advanced Practice. The study, covers a large geographical area and represents the views of cancer patients throughout the Health Board.

Nurses have a wealth of knowledge and experience that can contribute to the research agenda. Effective leadership can encourage and empower staff. A positive, dynamic and innovative research culture will enable us to improve our health and social care services at all levels (Sissling 2013)

David Sissling, *Delivering Safe Care, Compassionate Care. Learning for Wales from the report of the Mid Staffordshire NHS Foundation Trust Public Inquiry. July 2013*

