

BONE HISTOMORPHOMETRY DATA IN RENAL TRANSPLANT PATIENTS WITH HYPERCALCEMIC HYPERPARATHYROIDISM WITH AND WITHOUT CINACALCET TREATMENT

Tiago J Carvalho¹, Catarina Carvalho^{2,4}, Teresa Adragão¹, Jorge Dickson¹, Cristina Jorge¹, Rita Birne¹, André Weigert¹, Margarida Bruges¹, Patrícia Matias¹, Regina Oliveira¹, Ana Casqueiro¹, João Frazão^{3,4}, Domingos Machado¹

¹Department of Nephrology, Santa Cruz Hospital, Carnaxide, Portugal; ²Braga Hospital, Braga, Portugal; ³Department of Nephrology, São João Hospital Centre, Porto, Portugal; ⁴Instituto de Investigação e Inovação em Saúde, Porto University, Porto, Portugal

INTRODUCTION

At the moment of renal transplantation (RT), more than two thirds of end-stage renal disease (ESRD) patients have secondary hyperparathyroidism (HPT), with reduced bone mineral density and increased risk of fracture, aggravated by the concomitant immunosuppression^(1,2). One year after RT, 50% still have HPT, with elevated iPTH, hypercalcemia and hypophosphatemia^(3,4).

The calcimimetic agent cinacalcet (CIN) corrects hypercalcemia in patients with HPT after RT, without significant adverse effects^(5,6,7,8,9).

However, data on bone histomorphometry with cinacalcet usage is still lacking, with an eventual risk of adynamic bone disease as of yet not being evaluated.

OBJECTIVES

- ✓ Analyze histomorphometric data from bone biopsies (BB) in patients with hypercalcemic hyperparathyroidism after RT.

METHODS

We conducted a prospective observational study with a sample of 27 patients, with the following characteristics:

Sex	Number (n)	Percentage (%)
Male	15	56
Female	12	44
Diabetes mellitus	2	7.4

Mean age: 55.4 ± 11 years

Mean dialysis time: 88 ± 56.3 months

- ✓ Bone biopsy was performed 81 ± 64 months after RT
- ✓ 15 patients (56%) were treated with cinacalcet (group CIN)
- ✓ CIN was initiated 8.0 (25th 4.9; 75th 55.2) months after RT
- ✓ CIN treatment duration at the time of bone biopsy was 38 ± 17 months
- ✓ CIN dose was 34 ± 14.4 mg/day, with a minimal dose of 15mg/day and maximum dose of 60mg/day

RESULTS

Calcium (Ca) levels in group CIN showed an increase between transplant date and CIN initiation and then a decrease between CIN initiation and BB (figure 1).

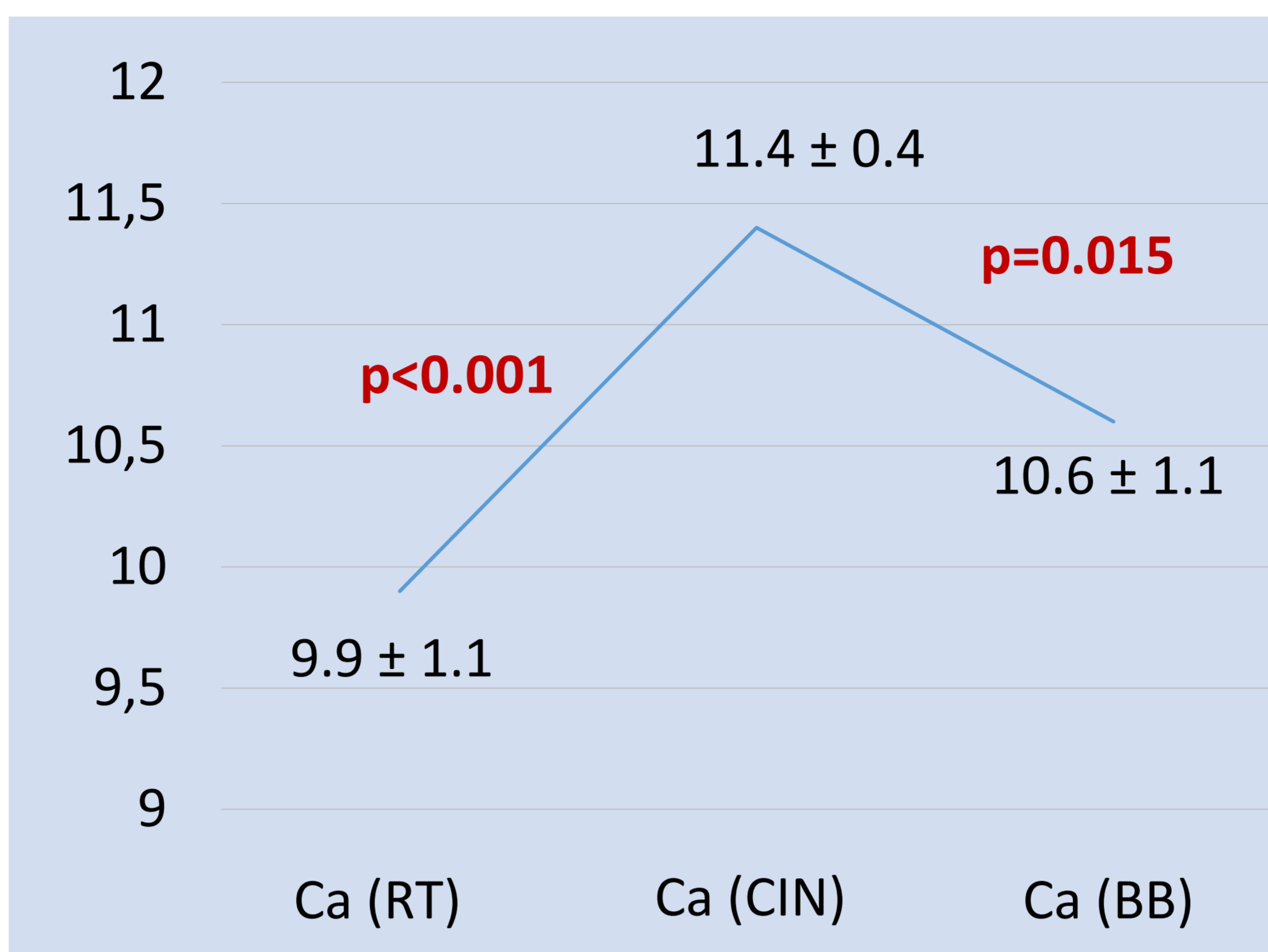


Figure 1: Ca levels evolution between RT, CIN initiation and BB (mg/dL).

iPTH levels showed a decrease between CIN initiation and BB (figure 2).

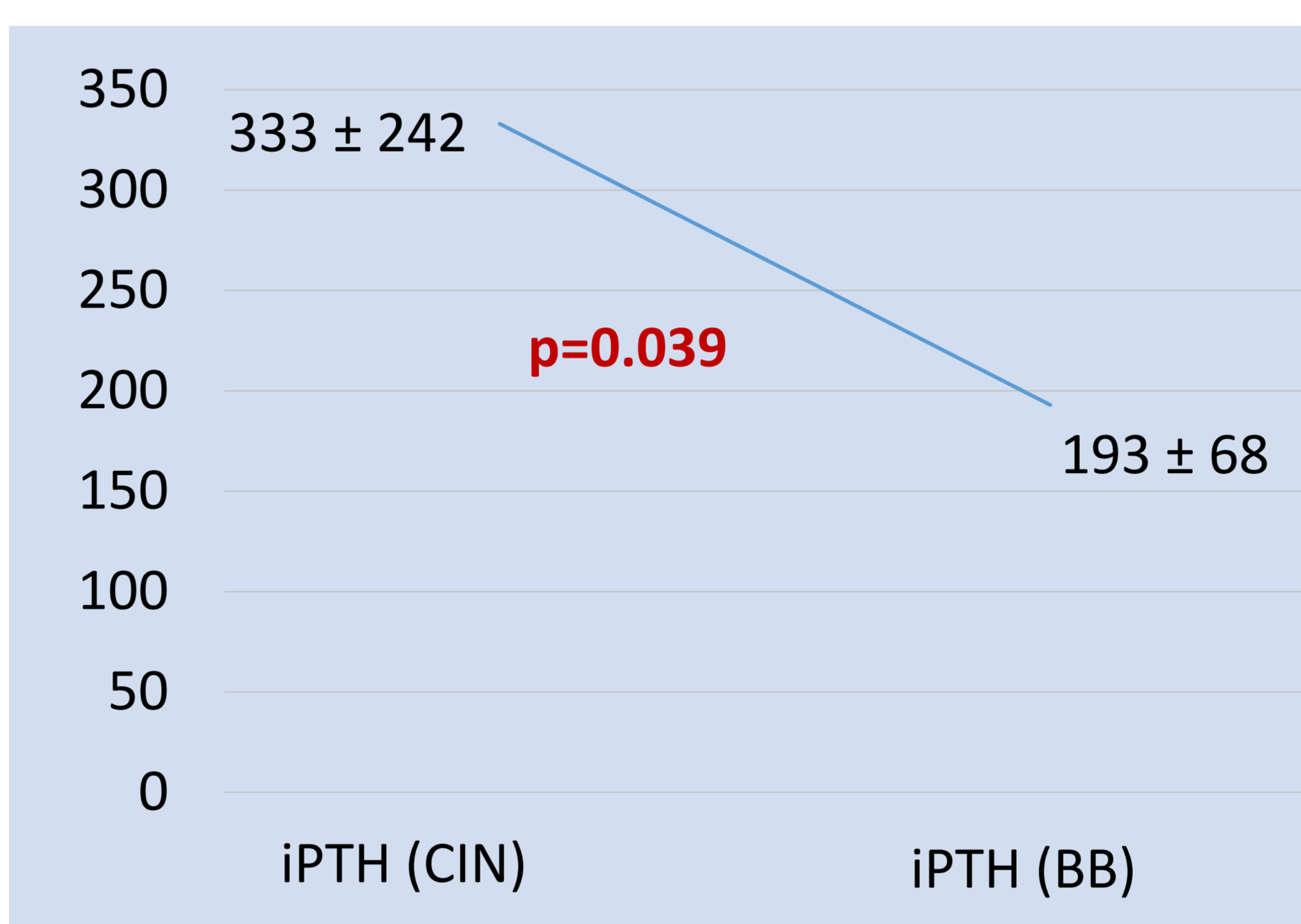


Figure 2: PTH levels evolution between CIN initiation and BB (pg/mL).

At the time of BB, the characteristics of the patients in group CIN compared with group no-CIN are indicated in table 1.

	Group CIN (n=15)	Group no-CIN (n=12)	p value
Age (years)	55.3 ± 8.4	55.5 ± 13.9	0.958
Dialysis time (months)	80.9 ± 37.8	96.9 ± 74.3	0.474
RT time (months)	67.5 ± 48.0	100.1 ± 79.4	0.199
eGFR (CKD-EPI) (mL/min/1.73m ²)	62.2 ± 25.5	56.7 ± 23.2	0.565
iPTH (pg/mL)	191.3 ± 66.4	151.2 ± 53.1	0.102

Table 1: Characteristics of group CIN vs group no-CIN at the time of BB.

RESULTS

Histomorphometric analysis of BB between groups CIN and non-CIN is shown in table 2.

	Group CIN (n=15)	Group no-CIN (n=12)	p value
Bone volume/Total volume <16%	33%	42%	0.656
Bone formation rate/Bone surface >3.8mm ³ /cm ² /year	90%	71%	0.323
Osteoblast surface/Bone surface 0,2-10%	67%	25%	0.031
Osteoclast surface/Bone surface 0,15-1,2%	60%	58%	0.930
Trabecular thickness (µm)	107.20 ± 34.58	84.94 ± 20.86	0.047

Table 2: Histomorphometric analysis of BB (group CIN vs group no-CIN).

CONCLUSIONS

Despite the significant iPTH decrease in RT patients treated with CIN, higher bone formation rate was still present at the time of bone biopsy.

A higher percentage of patients treated with CIN had a normal osteoblast surface/bone surface and higher trabecular thickness: there was no evidence of low bone formation rate.

Despite the relatively small sample size and low CIN dose used (mean dose 34mg/day), our findings suggest that treatment of posttransplant hyperparathyroidism with CIN is safe and is not associated with adynamic bone disease.

Further prospective, randomized trials with larger samples evaluating bone histomorphometry are needed to confirm these findings.

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