

SYNDECAN-1 IN DECOMPENSATED HEART FAILURE: ASSOCIATION WITH RENAL FUNCTION AND MORTALITY

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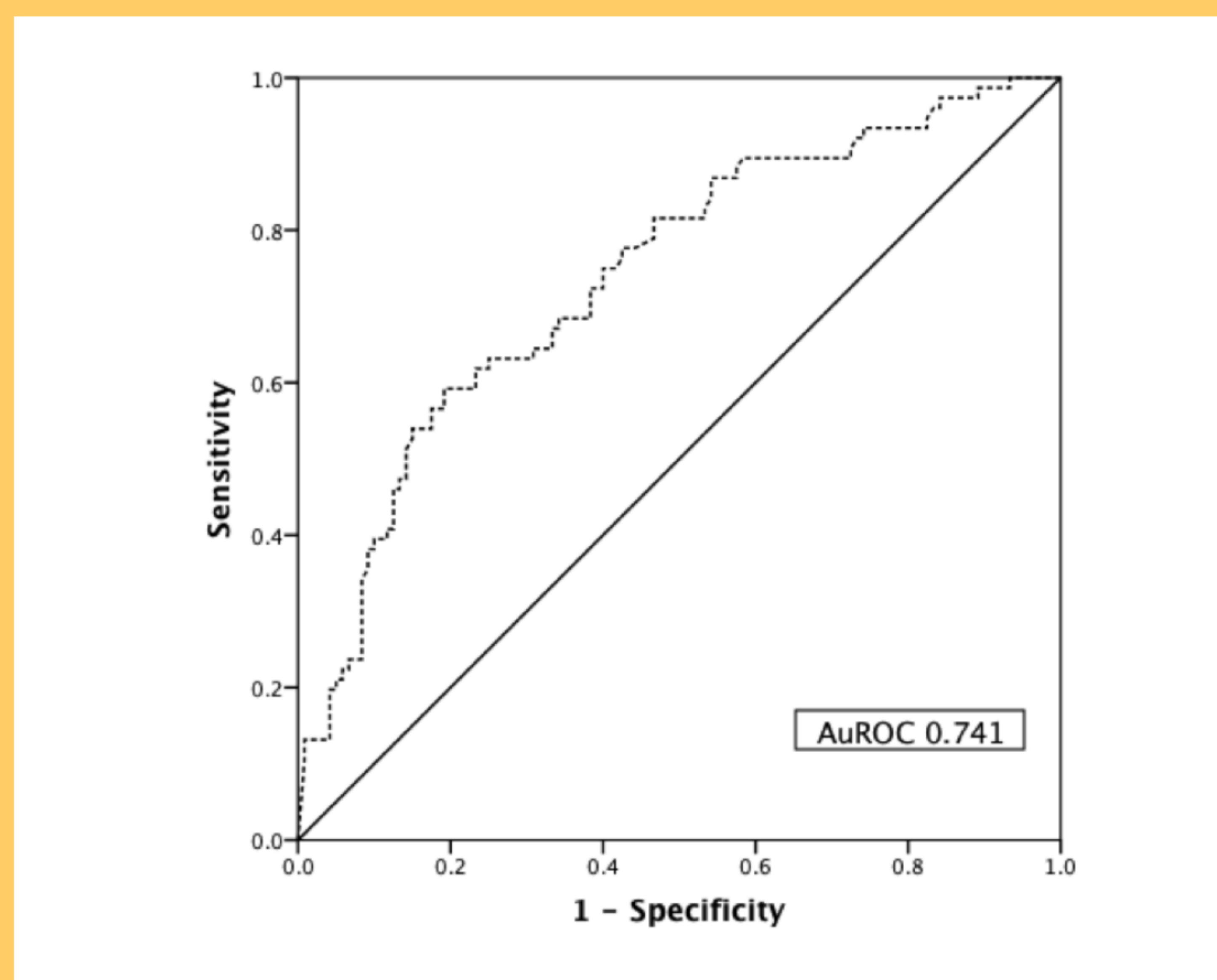
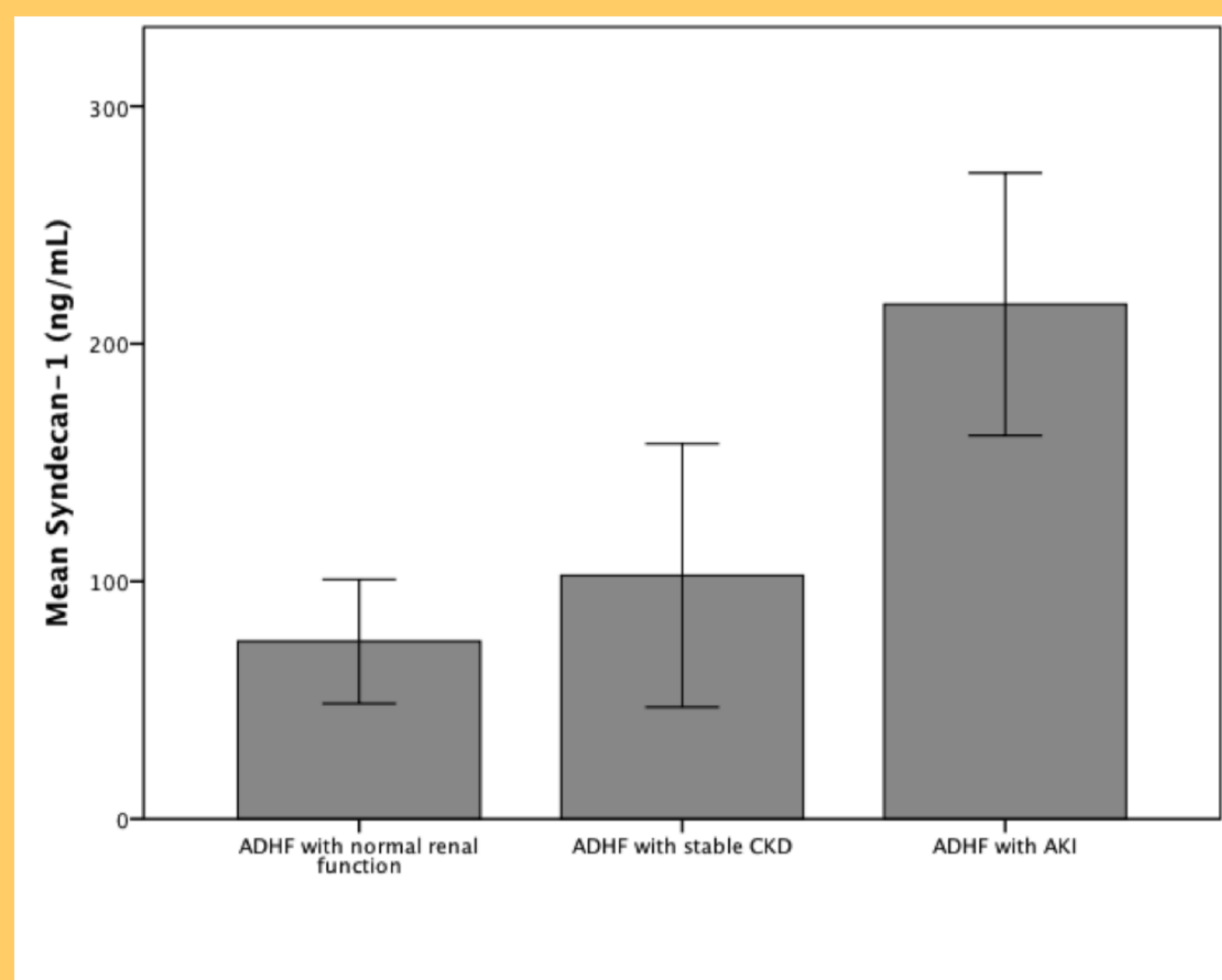
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Introduction and Aims:

Despite modern heart failure (HF) therapy, the prognosis of patients with HF remains poor. During hospital stay acute kidney injury (AKI) can complicate HF with ominous prognostic implications. Endothelial dysfunction is present in both HF and renal disease. Moreover, endothelial activation biomarker as vascular cell adhesion molecule-1 (VCAM-1) has been recently associated with HF patient's mortality. However, endothelial glycocalyx damage has not been studied in HF patients. In the present study, we aimed to investigate endothelial glycocalyx damage in patients admitted in the emergency department because decompensated HF; its association with acute and chronic kidney disease; and its capacity to predict mortality

Methods:

Prospective study with consecutive patients admitted because acute decompensated HF (ADHF) patients in a reference center. The following parameters were collected in the emergency department (ED): age, sex, New York Heart Association (NYHA) functional class, previous history of diabetes mellitus, arterial hypertension and drug prescription. Additionally, syndecan-1 (a biomarker of glycocalyx damage) was measured at ED. During the hospital stay, patients were evaluated daily and AKI or worsening renal function (WRF) were recorded according KDIGO criteria



Results:

We enrolled 201 patients (54% male). The mean age was 64.2 ± 13.5 years and the calculated ejection fraction was $39.4 \pm 13.3\%$ at admission. Including all patients, 80 (39.8%) had CKD and 62 patients (37.8%) developed AKI/WRF during hospital stay. Majority of patients had AKI stage 1 ($n=52$) and only 2 had AKI stage 3. Another group of 14 patients were admitted with AKI in the ED but recovery renal function in less than 72h. From patients with CKD, 43 patients had stable renal function during hospital stay. Hospital mortality was 5.5%. In comparison to a healthy control group, ADHF patients had higher syndecan-1 at ED (133.7 ± 95.0 vs. 18.3 ± 9.2 , $p < 0.001$). This increment was greater in those patients with higher pre-admission NYHA classification (class III/IV). Although syndecan-1 it was high in AKI/WRF patients ($p < 0.01$ vs. others), there was no difference between patients with stable CKD and those with normal renal function ($p = 0.61$) - figure 1. The AUC for AKI/WRF prediction was 0.741 (95%CI 0.669-0.812, $p < 0.001$) - figure 2. The results improved with higher grades of severity (AKIN ≥ 2 grade) - AUC 0.840 (95%CI 0.733-0.948, $p < 0.001$). After adjustment for age, gender, admission serum sodium, ejection fraction and AKI severity, syndecan-1 concentration remained associated with hospital mortality. It also had a good discriminative ability to predict hospital mortality (AUC 0.788 95%CI 0.673-0.903, $p < 0.001$)

Conclusions:

In ADHF patients, syndecan - 1 measured at ED is an effective biomarker to predict AKI/WRF and hospital mortality

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