

# OVERHYDRATION (OH) PARAMETER OF FRESENIUS BCM MONITOR DOES NOT PROPERLY SHOW INTERDIALYSIS OVERWEIGHT IN HAEMODIALYSIS PATIENTS.

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## INTRODUCTION

- Weight gain interdialysis is the parameter more used to program ultrafiltration in each dialysis session. It has been proposed to monitorize hydration status of patients in haemodialysis employing bioimpedanciometry.
- Fresenius BCM monitor shows degree of overhydration through OH parameter based in the mathematical model of Chamney et al.
- OH parameter has showed to be predictive of mortality in haemodialysis patients.
- However, OH shows important differences to weight gain interdialysis.

## AIM

Our aim was analyze these differences and to compare results of BCM monitor to OH parameter based in Chamney model.

## PATIENTS AND METHODS

- Patients in haemodialysis in stable clinical situation without signs of cardiac failure.
- We practiced predialysis impedanciometry of mid-week session with BCM monitor.
- We registered dry weight and previous postdialysis weight and calculated weight gain from them.
- We calculated predialysis overhydration with Chamney model (OH-Cha) and collected predialysis overhydration of BCM-monitor (OH-BCM).

## RESULTS

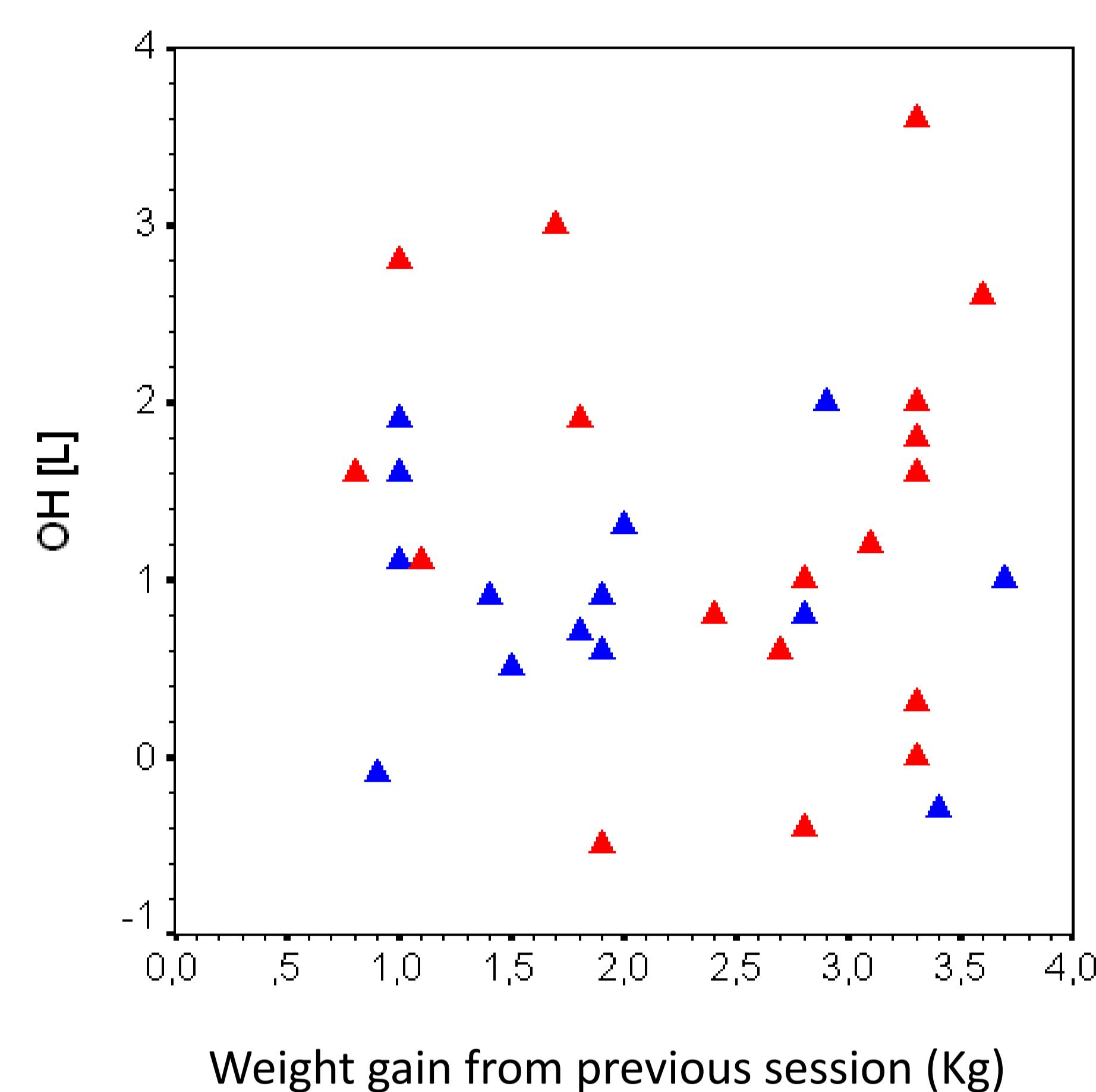
### POPULATION

N	33
Sex	19 males/14 females
Age	58±20
Weight (Kg)	72,7±17,6
BMI (Kg/m <sup>2</sup> )	27,8±5,2 (19,5-39,5)
Interdialysis gain (Kg):	
- Previous session:	2,27±0,95 (0,8 a 3,7)
- Dry weight:	2,48±1,16 (0,1 a 4,4)
Overhydration OH Fresenius (L)	1,18±0,99 (-1,1 a 3,6) *
Overhydration OH Chamney (L)	2,5±1,4 (-0,5 a 6)

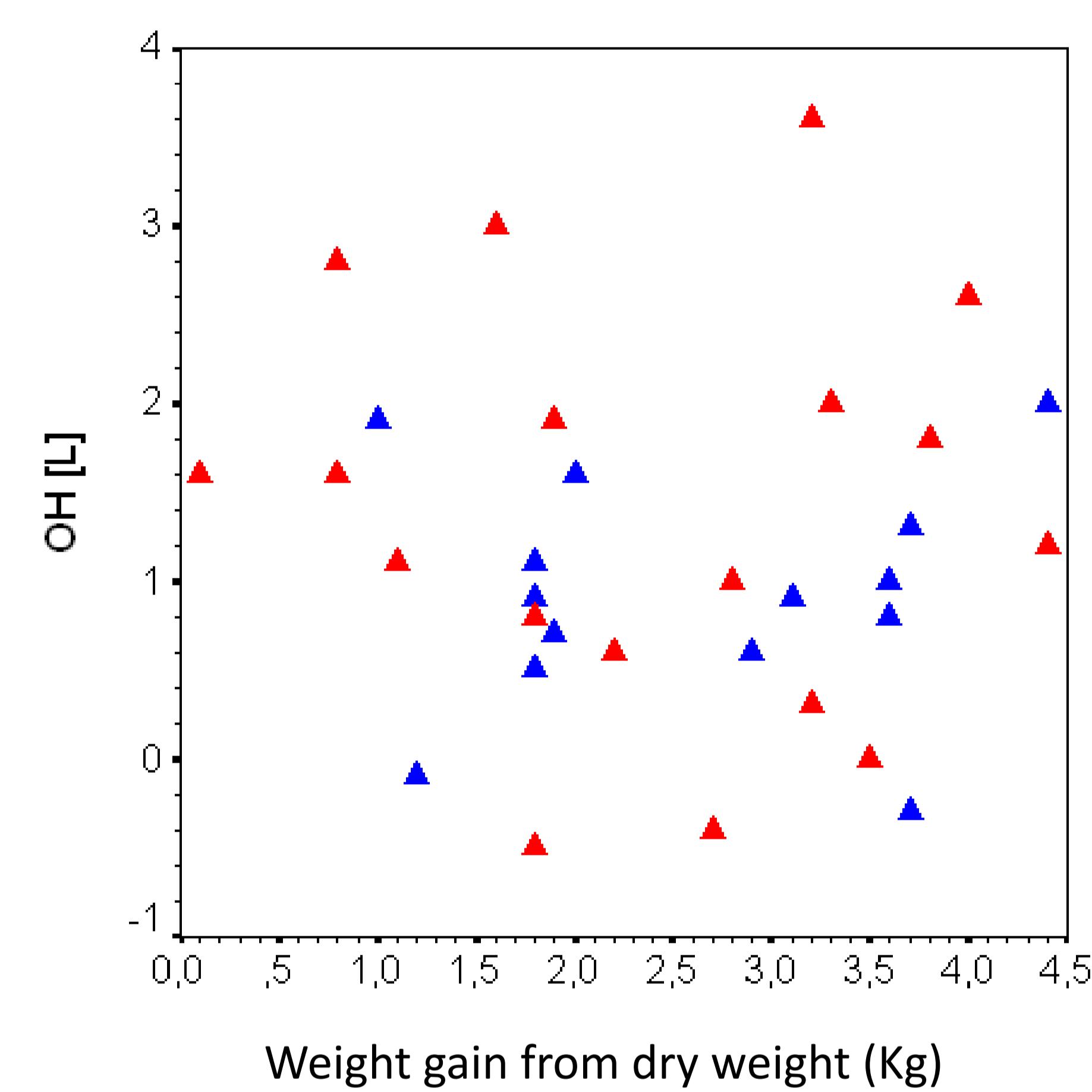
\* p<0,001, respect to weight gains.

\*\* p<0,001, respect to OH Chamney.

### INTERDIALYSIS WEIGHT GAIN FROM PREVIOUS DIALYSIS SESSION AND OH

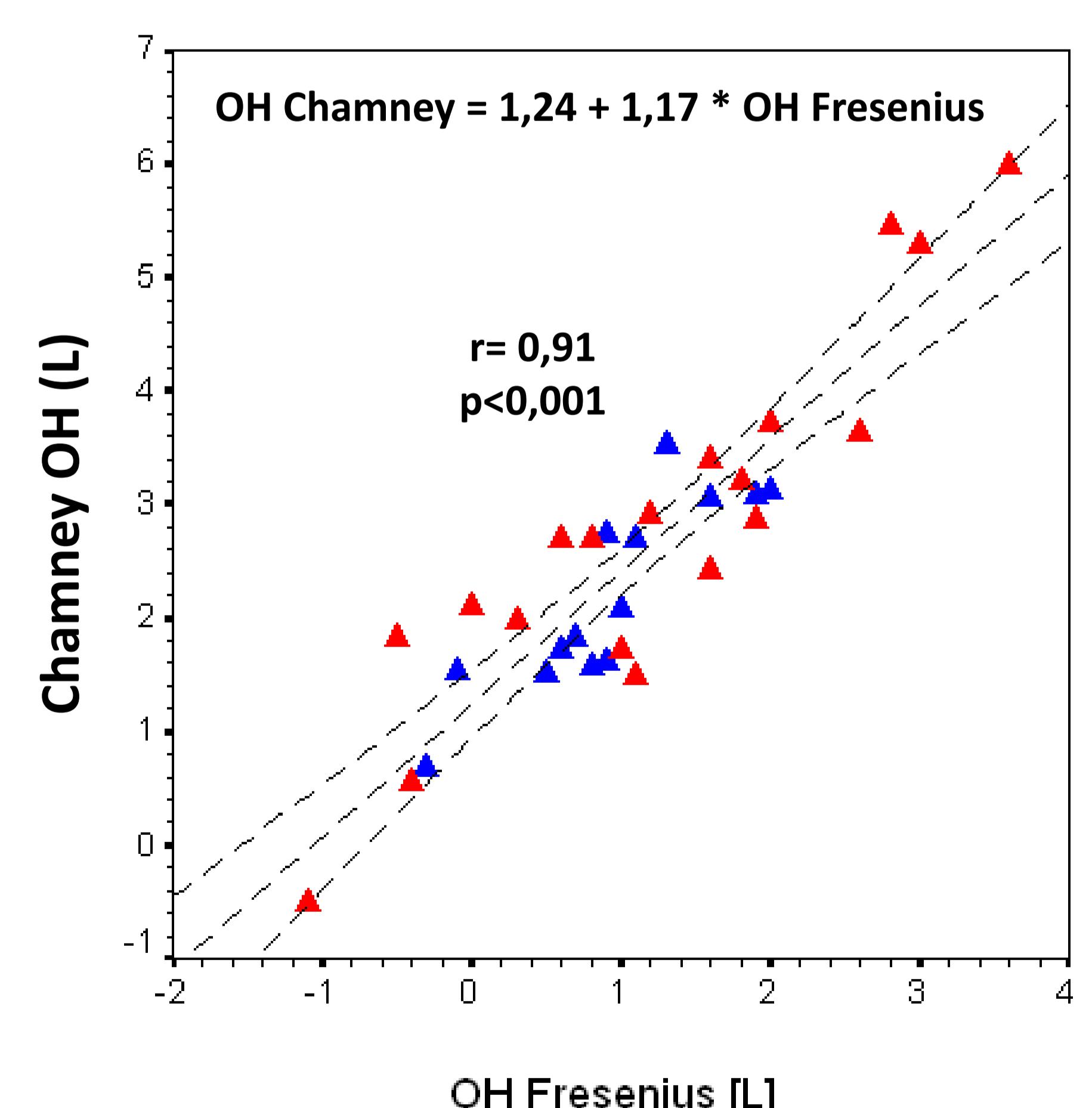
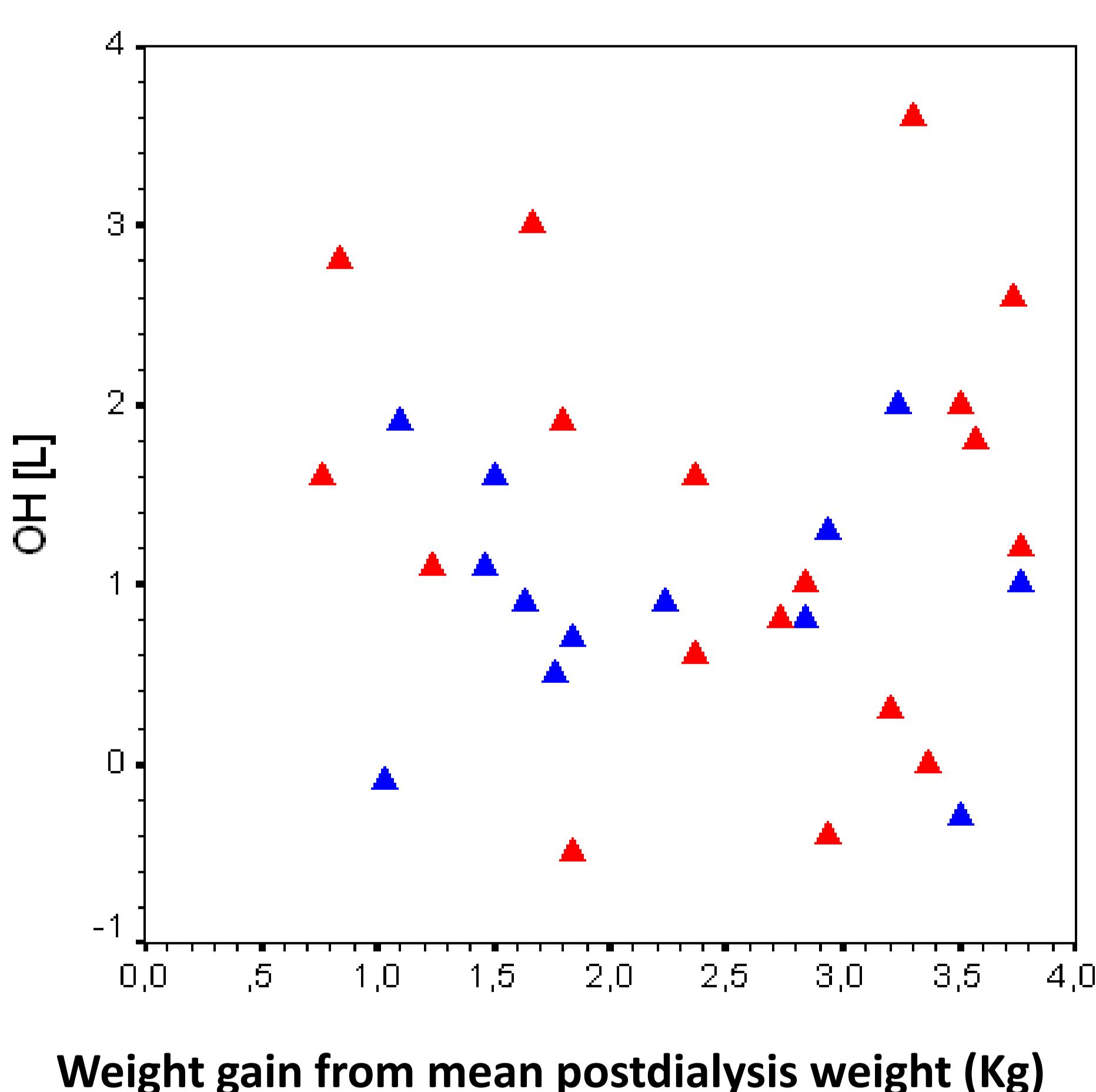


### INTERDIALYSIS WEIGHT GAIN FROM DRY WEIGHT AND OH



### INTERDIALYSIS WEIGHT GAIN FROM MEAN OF 3 PREVIOUS POSTDIALYSIS WEIGHT AND OH

### FRESENIUS BCM OVERHYDRATION (OH) AND CHAMNEY OH



### CORRELATIONS

r (p)	OH Fresenius	OH Chamney	Weight gain
Resistance *	-0,42 (0,014)	-0,67 (<0,001)	0,26 (ns)
Reactance *	-0,55 (<0,001)	-0,71 (<0,001)	-0,23 (ns)
Phase angle *	-0,35 (0,012)	-0,32 (ns)	0,40 (0,02)
Extracel. Res.	-0,49 (0,004)	-0,75 (<0,001)	-0,07 (ns)
Intracel. Res.	0,135 (ns)	-0,075 (ns)	-0,36 (0,044)
ECW/ICW	0,44 (0,011)	0,49 (0,004)	-0,35 (0,051)

\* Values at 50 KHz

## CONCLUSIONS

- Overhydration (OH) parameter calculated with BCM Fresenius monitor in haemodialysis patients does not show good relation with interdialysis weight gains.
- It should not be used to program ultrafiltration in each dialysis session because will underestimate liquid gain suffered from previous dialysis session or from dry weight.
- OH parameter of BCM monitor is based in a different equation to the model of Chamney et al, and so, it is not validated for estimate excess of extracellular fluid.

