

# SCLEROSTIN A POTENTIAL MARKER OF RECOVERY FROM SECONDARY HYPERPARATHYROIDISM AFTER KIDNEY TRANSPLANTATION

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## Introduction:

Sclerostin secreted by osteocytes inhibits Wnt/ $\beta$ -catenin signaling pathway, thereby decreasing bone formation and osteoblastogenesis. Sclerostin is much less accumulated in end-stage kidney disease than FGF-23 and its secretion may not be directly regulated by phosphate. Thereby sclerostin may better reflect bone metabolism and recovery from secondary hyperparathyroidism (SHPT) in kidney transplant recipients (KTx).

**The aim** of the study was to analyze the effects of the changes of serum PTH and sclerostin and FGF-23 on osteoblast function reflected by serum bone alkaline phosphatase (BAP) for 9 months after successful kidney transplantation.

## Methods and patients:

35 KTx patients were included into 9-month observational study (17M, 18F, age  $49 \pm 11$  years, BMI  $25 \pm 4$ , time on dialysis  $27 \pm 13$  months).

Blood for measurement of serum creatinine, Ca, P, 25OH vitamin D, PTH, FGF-23, sclerostin and BAP was taken at immediately before KTx, and 1 and 2 weeks, and 1, 2, 3, 4, 5, 6 and 9 months thereafter.

## Results:

	day 0	week 1	week 2	month 1	month 2	month 3	month 4	month 5	month 6	month 9
Creatinine mg/dL	-	5.9 $\pm$ 3.8	3.8 $\pm$ 3.4	2.6 $\pm$ 2.0	1.9 $\pm$ 1.1	1.9 $\pm$ 0.9	1.8 $\pm$ 0.7	1.7 $\pm$ 0.5	1.8 $\pm$ 0.7	1.7 $\pm$ 0.9
Ca mmol/L	2.1 $\pm$ 0.23	2.1 $\pm$ 0.3	2.1 $\pm$ 0.22	2.36 $\pm$ 0.17	2.4 $\pm$ 0.24	2.42 $\pm$ 0.19	2.46 $\pm$ 0.17	2.52 $\pm$ 0.14	2.48 $\pm$ 0.17	2.52 $\pm$ 0.22
P mmol/L	1.57 $\pm$ 0.6	1.57 $\pm$ 0.77	1.19 $\pm$ 0.56	1.06 $\pm$ 0.57	0.96 $\pm$ 0.3	0.96 $\pm$ 0.36	0.99 $\pm$ 0.24	1.01 $\pm$ 0.22	1.03 $\pm$ 0.27	0.99 $\pm$ 0.24
25OHD nmol/L	10.1 $\pm$ 5.5	10.6 $\pm$ 7.4	9.1 $\pm$ 6.0	9.4 $\pm$ 10.4	8.1 $\pm$ 7.5	9.5 $\pm$ 8.9	6.4 $\pm$ 5.3	9.9 $\pm$ 8.6	6.4 $\pm$ 5.9	10.1 $\pm$ 9.5
PTH ng/mL	476 $\pm$ 386	477 $\pm$ 426	376 $\pm$ 320	327 $\pm$ 214	257 $\pm$ 205	175 $\pm$ 101	185 $\pm$ 127	226 $\pm$ 177	201 $\pm$ 192	199 $\pm$ 190
FGF-23 RU/ml	694 $\pm$ 442	439 $\pm$ 412	246 $\pm$ 291	160 $\pm$ 206	73 $\pm$ 83	87 $\pm$ 138	61 $\pm$ 64	46 $\pm$ 45	69 $\pm$ 77	123 $\pm$ 214
Sclerostin ng/mL	1.95 $\pm$ 1.13	1.51 $\pm$ 1.15	1.2 $\pm$ 1.07	0.84 $\pm$ 0.7	0.99 $\pm$ 0.79	1.05 $\pm$ 0.87	1.24 $\pm$ 0.89	0.85 $\pm$ 0.51	0.92 $\pm$ 0.74	1.35 $\pm$ 1.11
BAP U/L	74.6 $\pm$ 62.3	51.2 $\pm$ 51.2	60.9 $\pm$ 74.8	57.6 $\pm$ 54.6	55.1 $\pm$ 49.2	44.9 $\pm$ 27.0	46.1 $\pm$ 38.9	50.5 $\pm$ 33.3	55.9 $\pm$ 40.5	53.3 $\pm$ 35.9

At time of KTx FGF-23 correlated only with phosphate ( $r=0.62$ ,  $p=0.01$ ). Serum PTH correlated with BAP ( $r=0.49$ ,  $p=0.04$ ), but not with sclerostin. At the end of 9-month observation neither sclerostin nor FGF-23 correlated neither with each other nor with other parameters of mineral and bone metabolism.

## Conclusion

Both sclerostin and FGF-23 have limited utility as the markers of the resolution of SHPT and bone metabolism after KTx.

