Comparison of Low Dose and Very Low Dose Extended-release Tacrolimus / MMF in De novo Kidney Transplant Recipients

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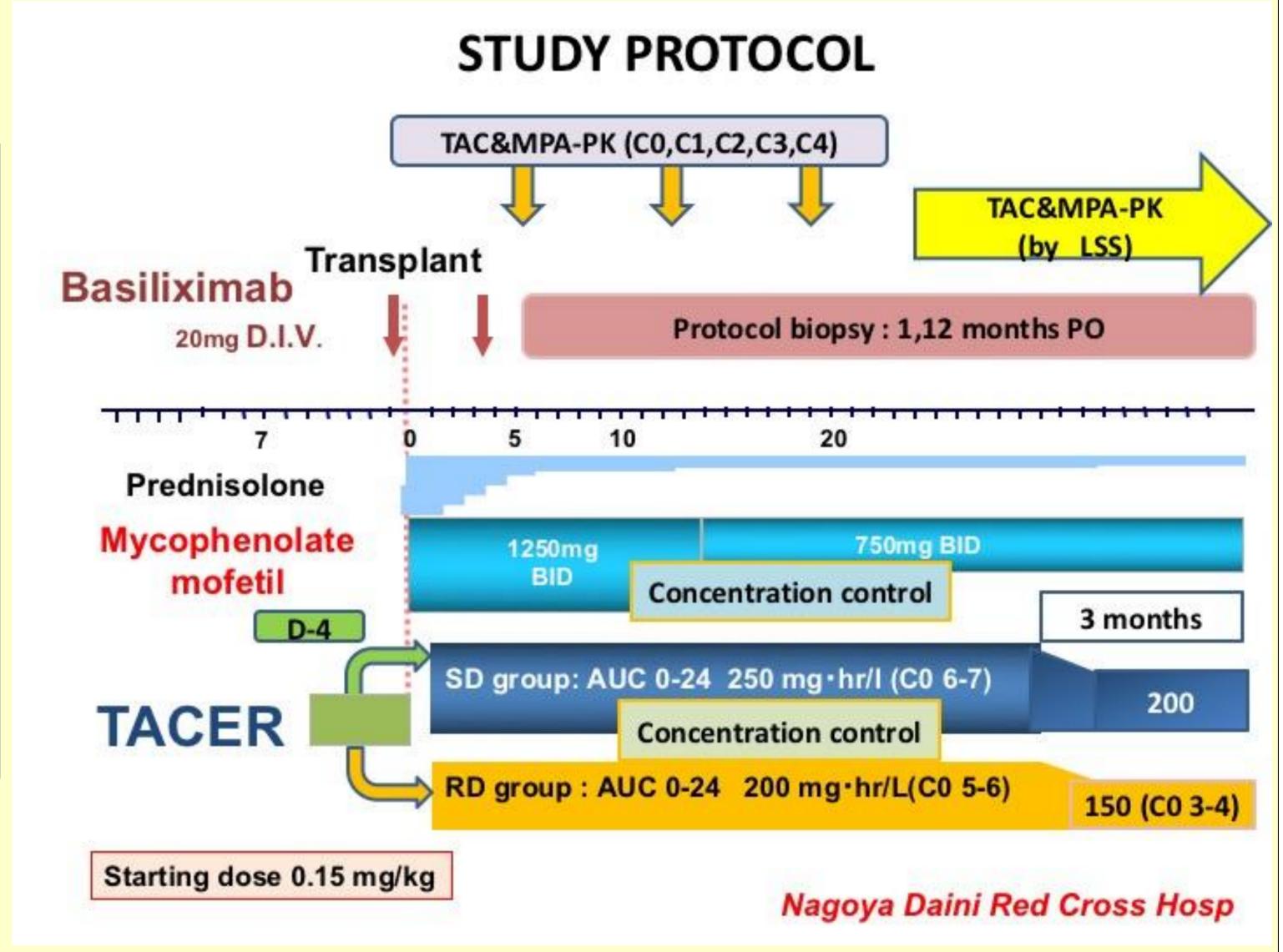
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OBJECTIVES

Recently, once-daily tacrolimus extended-release formulation (TACER) has been accepted in kidney transplantation, however its optimal dosing are not well evaluated. We have validated low dose (LD) and very low dose (VLD) TACER / MMF protocol in de novo kidney transplant recipients using limited sampling strategies to estimate tacrolimus exposure.

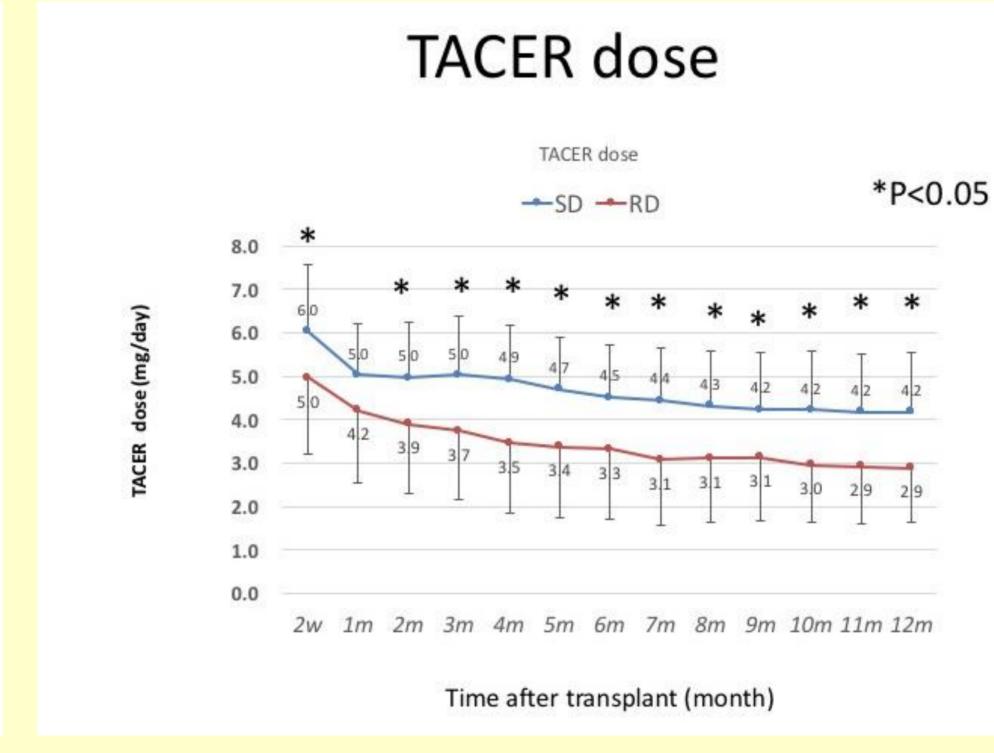
METHODS

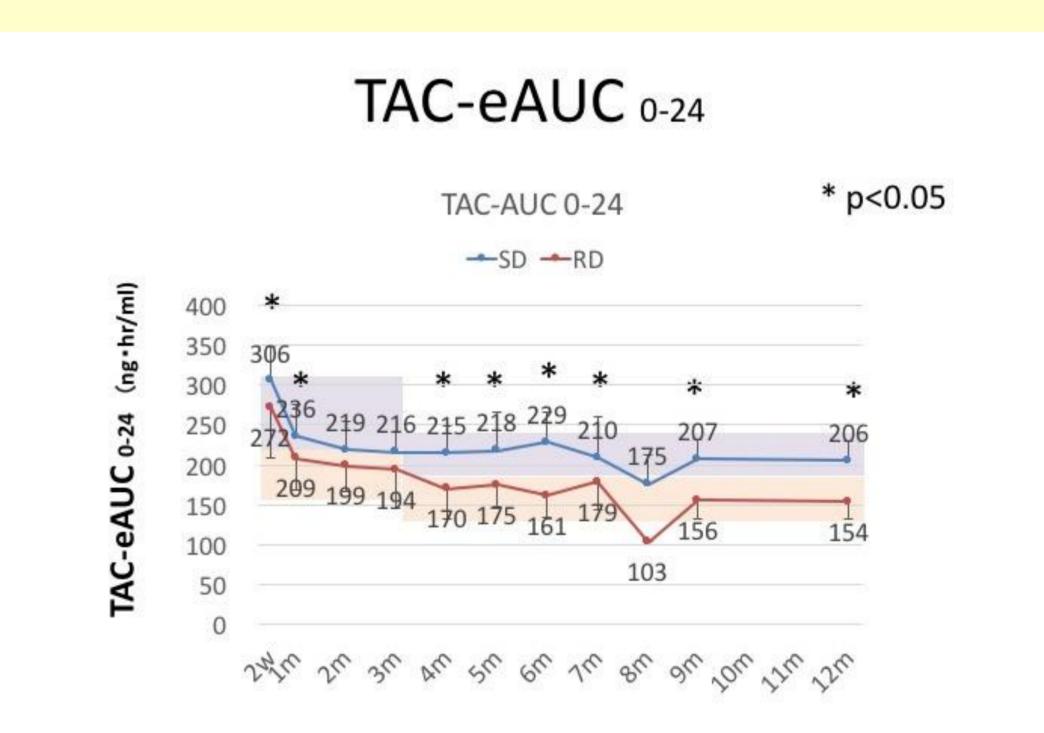
Fifty Living-donor kidney transplant recipients were prospectively randomized into two group, 1) LD group (n=26) 2) VLD group (n=24). Subclinical rejection and CNI toxicity were evaluated by protocol biopsy after 1 and 12 months.



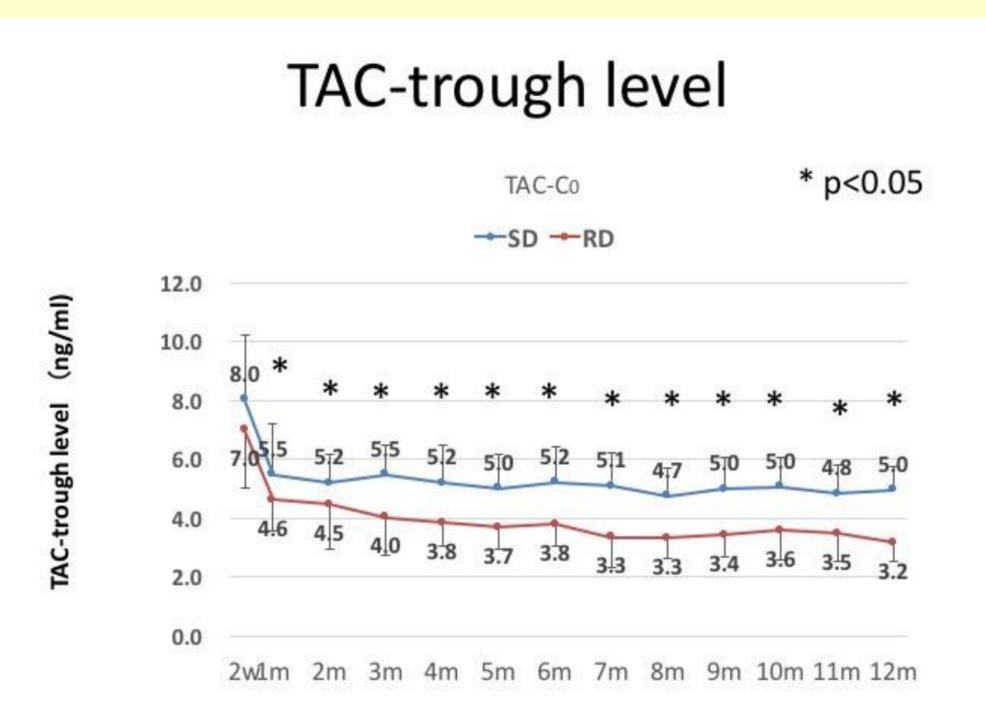
RESULTS

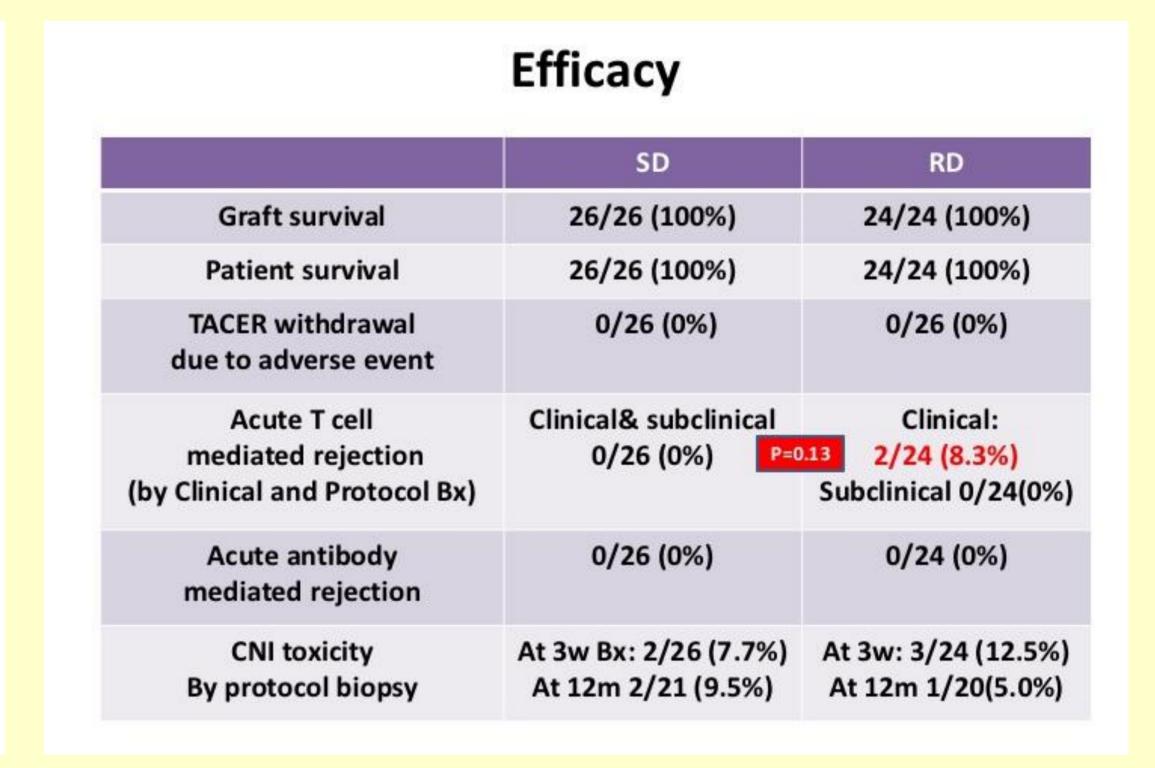
Number of patients	Standard dose(SD) group (n=26)	Reduced dose (RD) group (n=24)
Sex	Male 16 / Female 10	Male 16/ Female 8
Age	41.5±15.2 (18-63)	43.5±10.2 (27-65)
Recipient's BMI (kg/m2)	20.9±3.8 (15.8 – 30.2)	20.4±2.8 (15.9 - 25.9)
Dialysis vintage	7±17 (0-68) PRT 16/24 (%)	13±30 (0-132) PRT 14/24 (%)
Original disease	DMN 4 Non- DM 22	DMN 5 Non DM 19
Observation (month)	22.7±9.9 (9 – 39)	23.7±9.5 (9-40)



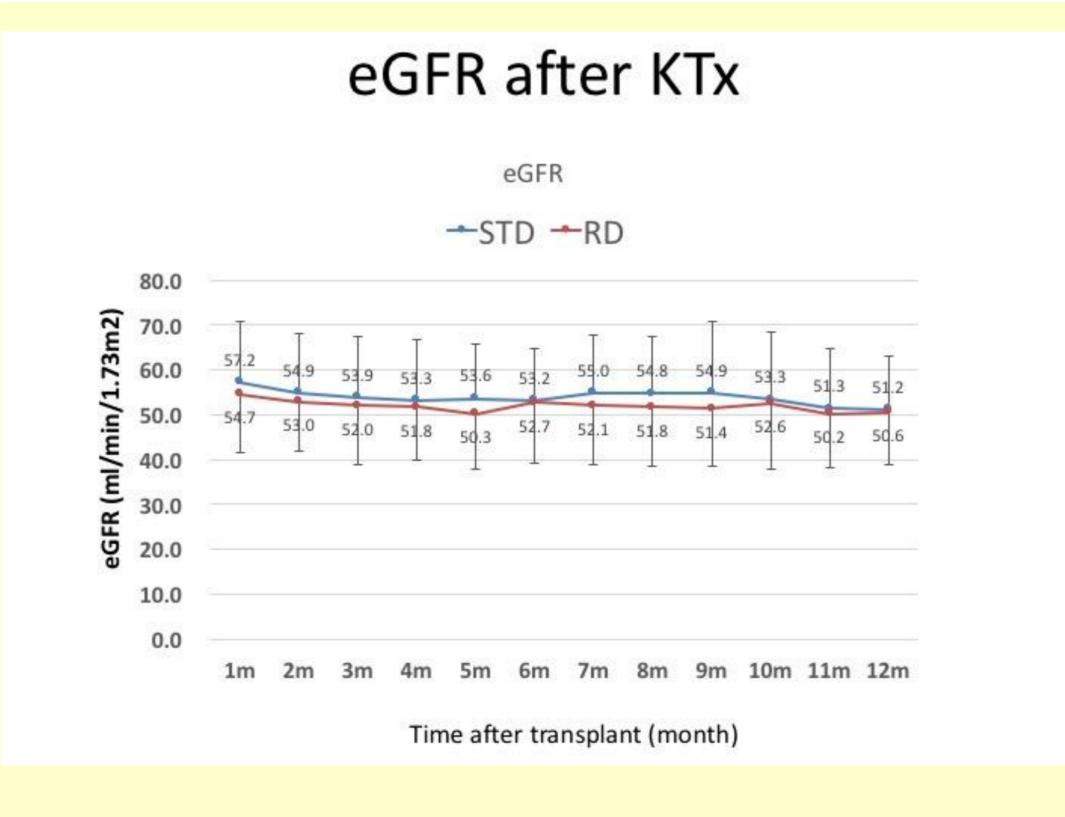


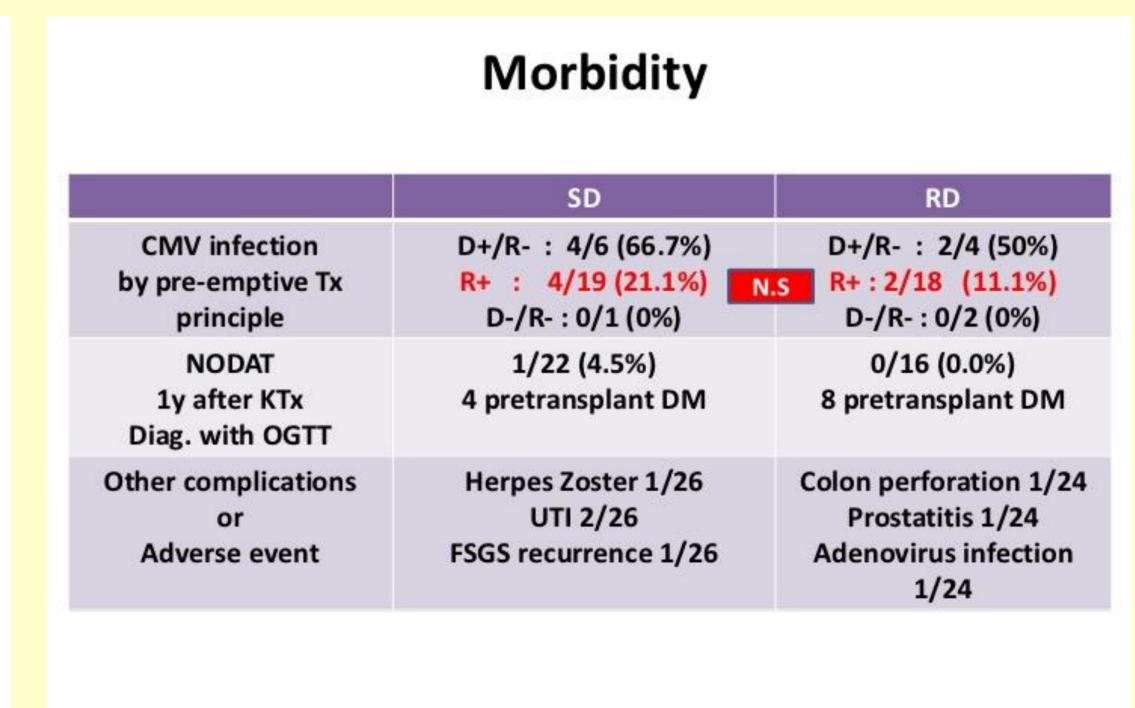
Number of patients	Standard dose(SD) (n=26)	Reduced dose (RD) (n=24)
Sex (M/F)	11/ 15	7/17
Age	56.8 ± 8.4 (37-74)	56.7 ± 11.2 (36-75)
ВМІ	22.9± 2.9 (17.9 - 29.7)	21.5± 2.5 (15.4 – 26.8)
Relationship	Spouse 8 (30.8%) Parents 17 (65.4%) Sibling 1 (3.8%)	Spouse 8 (33.3%) Parents 14 (58.3%) Sibling 2 (8.4%)
HLA mismatch Class I	2.2±0.8 (1-4)	2.3±0.5 (2-4)
HLA mismatch Class II	1.3±0.5 (1-2)	1.0±0.7 (0-2)











CONCLUSIONS

Tacrolimus exposure with TACER combination with MMF can be safely reduced to very low level under the therapeutic AUC level of TAC and MPA (quantitative immunosuppression?),

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- > With slight increased, but not significant, incidence of rejection.
- > With decreased, but not significant, incidence of CMV infection.







