

“Asha Kiran”- Summer Camps to Empower Persons with Hemophilia and Their Families

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Introduction

Summer camps for children(cwh), youth & families with hemophilia and other bleeding disorders provide constructive means of empowerment. Camps promote knowledge about their disease, fosters team spirit, enhances psychological bonding and helps persons with hemophilia (pwh) and their families to cope with the condition.

Setting

- ❖Asha Kiran’ meaning ‘ray of hope’ is a yearly summer camp for pwh and their families.
- ❖ Organized by the local hemophilia society located in a University town during the summer vacation in the month of April
- ❖Participants - 110 -140/year from 2 neighboring states of India with 2 or more languages

- ❖The setting of the camp is a school which is converted to living quarters.
- ❖ Duration of the camp is 2 days from Friday to Sunday.
- ❖Camps conducted – 6 nos.
- ❖The pwh feedback helps improve the programme effectiveness



Looking back

- Asha Kiran has been a means of empowerment to pwh and families
- Feedbacks have helped to cater to the varied needs of participants during the camp
- Motivation of participants has improved the attendance in the monthly comprehensive clinics and women for genetic testing

Feedback for improvement

1. Communication problems due to 2 or more local languages spoken by participants
2. Some common activities every year created monotony
3. Inadequacies in physical facilities

Looking ahead

- Asha Kiran will expand its scope to patients with other bleeding disorders providing targeted sessions for their needs
- Focus on motivation for education (cwh) and economic rehabilitation (youth)

ASHA KIRAN (ray of hope)



ANAND KIRAN (ray of happiness)

Acknowledgements:

