

# BUILDING EACH OTHER, ONE COUNTRY AT A TIME

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## Introduction and Objectives:

Social networking has become an important tool in connecting advocates for hemophilia and bleeding disorders across the world. This is especially true for women with bleeding disorders, who in the past, have not been given much attention locally or in national member organizations. Needs of women family members who are mostly the caregivers, need more consideration. With this in mind, individuals from Hemophilia Federation (India) (HFI) and MyGirlsBlood, a global social network for women with bleeding disorders, began to assess the likelihood of furthering this work through conversations at the 2014 World Congress in Melbourne with the objective of helping Asian countries organize their respective Women's Groups.



Twitter



Whatsapp



Facebook



Malaysia 2016



Malaysia 2015

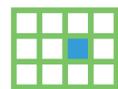


Manila 2015



Indonesia 2014

## Materials and Methods:



### November 2014

The HFI and MyGirlsBlood team travelled to the Philippines, Malaysia and Indonesia to present to their NMO leaders the idea of forming a Women's Group and shared their experience in doing this in their country.

### December 2014

HFI held its first Annual Women's Group Meeting and invited representatives of Women's Groups from other countries. Those who participated were Argentina, Iran, Malaysia, the Philippines, and the USA.

### April 2015

Representatives of USA, India and the Philippines attended the 1st Meet & Greet of the Women's Group of Hemophilia Society of Malaysia (HSoM). Subsequently, the group went to the Philippines to hold a workshop for the Women's Group of the Philippines. Moreover, key leaders from India, Iran, Malaysia and the Philippines hold regular Skype meetings to discuss strategies on how to strengthen each country's Women's Groups.

## Results:

From the initial conversations, a core group of men and women, representing four countries in Asia has been developed. In the past two years, they have provided support to each other's Women's Group through expert advisers and capacity-building activities.



Bangalore 2014

## Conclusion:

Men and women, working together, are finding ways to develop capacity of their NMOs. By providing support to women leaders and advocates, neighboring countries helped build up national Women's Groups, which in turn, encouraged more women within their respective hemophilia societies to become more participative.



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Women and Bleeding Disorders  
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