

# NAFLD VS MAFLD: SOUTH ASIAN NAFLD PATIENTS DON'T FAVOUR NAME CHANGE

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## INTRODUCTION

- Aborted attempt to change the nomenclature of NAFLD to MAFLD.
- **Claim:** Patient groups have been insisting on the change
- **Evidence:** Lacking
- Hence, we decided to conduct a study among South Asian NAFLD patients to obtain their perspective, especially regarding change in name from NAFLD to MAFLD.

## AIM

The aim of the study was to assess awareness of the disease among NAFLD patients and their views regarding the proposed name change.

## METHOD

- Study was conducted at multiple centers across South Asia from January 2021 to June, 2021.
- 8-question survey questionnaire was developed and responses were categorized by multiple-choice format.
- Survey responses were collated and analyzed.

## CONCLUSIONS

- Awareness among South Asian NAFLD patients is poor.
- 'NAFLD' destigmatizes them of the taboo associated with alcohol. Repeated queries about alcohol intake are humiliating to patients.
- Most patients found the term 'NAFLD' consoling.
- Majority of patients did not feel that it trivialized their problem.
- Proponents of MAFLD need to understand the cultural diversity across populations and recognize the sensitivities of I use.
- South Asians before attempting to change the name.

## REFERENCES

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## ACKNOWLEDGEMENTS

We extend our gratitude to Kalinga Gastroenterology Foundation (KGF), Cuttack, India for supporting our study.

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## RESULTS

