Low Rates of Antiviral Therapy among Treatment-Eligible Adults with Chronic Hepatitis B Virus Infection

European Association for the Study of the Liver Robert J. Wong, M.D., M.S.¹, Mamta K. Jain, M.D., M.P.H^{2,3}, Onkar Kshirsagar, B.S.⁴, Lakshmi Digala, M.D.¹, Christopher Clark, B.S.³, Mae Thamer. Ph.D.⁴ ¹Division of Gastroenterology and Hepatology, Alameda Health System – Highland Hospital, Oakland, CA; ²Division of Infectious Diseases, University of Texas Southwestern Medical Center, Dallas, TX; ³Parkland Health and Hospital System, Dallas, TX; ⁴Medical Technology and Practice Patterns Institute, Bethesda, MD

INTRODUCTION

- Chronic hepatitis B virus (HBV) infection is a leading cause of morbidity and mortality worldwide
- Timely identification of HBV infection and initiation of antiviral therapy among treatment eligible patients reduces risk of disease progression, cirrhosis, and hepatocellular carcinoma
- However, HBV treatment rates are suboptimal, particularly among ethnic minorities, the groups with the greatest burden of HBV in the U.S.

- AIM

 This study aims to evaluate HBV treatment rates and predictors of successful initiation of treatment among HBV patients meeting antiviral treatment criteria

METHOD

- We retrospectively evaluated adults with chronic HBV at two urban safety-net heath systems from January 1, 2010 to December 31, 2015, with follow-up through December 31, 2017.
- Chronic HBV was identified with ICD-9/10 diagnosis coding and confirmed with laboratory
- HBV treatment eligibility was determined using American Association for the Study of Liver Diseases criteria.
- Comparison of HBV treatment eligibility and HBV treatment rates among eligible patients were performed using chi-square testing.
- Adjusted multivariate Cox proportional hazards models evaluated for predictors of receiving HBV treatment among eligible patients.
- Statistical significance was met with p<0.05.

RESULTS



	Proportion (%)	Fraguancy (N)
Total	Proportion (76)	Frequency (N) 2373
Sex		2373
Male	55.5	1318
Female	44.5	1055
Age Categories	44.5	1033
Age < 40 years	39.7	941
Age 40-60 years	47.5	1126
Age 60 years and Over	12.9	306
Race	12.9	300
White	27.5	652
Black/African American	39.3	932
Asia Pacific Region	30.9	733
Other/Unknown	2.1	733 51
Ethnicity	2.1	21
Hispanic	14.9	353
·	83.3	1976
Non-Hispanic Unknown		
	1.9	44
Language English Speaking	64.6	1533
English Speaking Non-English Speaking	34.0	807
Unknown	1.4	33
Insurance	1.4	33
Medicare	9.9	234
Medicaid	23.7	563
Commercial	20.3	482
Indigent Care	36.6	868
None	9.4	224
Alcohol Use	J. 4	224
Current alcohol use	21.3	506
Past history of alcohol use	5.6	133
No evidence	56.6	1344
Unknown	16.4	390
Drug Use	10.4	330
Current drug use	8.3	197
	2.4	58
Past history of drug use No evidence		
	72.3	1715
Unknown High risk sexual behavior	17.0	403
	0.2	4
Current high risk behavior	0.2 1.4	4
Past history of high risk behavior		34 421
No evidence	18.2 1.2	431 28
Unknown	1.2	20

	Proportion (%)	Frequency (N)
Comorbidities		
HCV	24.1	571
Nonalcoholic fatty liver disease		
(NAFLD)	9.8	232
Alcoholic liver disease (ALD)	5.1	122
HIV	22.7	538
Cardiovascular disease	49.3	1169
Hypertension	40.4	958
Diabetes	18.5	439
Hemodialysis	4.1	97
Psychiatric/Mental Health	48.3	1147
Non-liver cancers	25.8	613
Liver Complications at time of en	rollment (1st visit)	
Cirrhosis	25.8	612
HCC	5.3	126
Ascites	8.7	207
Hepatic Encephalopathy	3.5	83
Variceal Bleeding	1.9	45
Hepatorenal syndrome	0.6	14
Liver Transplantation	0.5	12
Acute Liver Failure	2.4	57

Proportion of HBV Patients Eligible for Antiviral Therapy (AASLD Criteria) 40% ■ Total 35% 30% ■ Female White ■ Black/African American 20% ■ Asia Pacific Region Hispanic 15% Medicare ■ Medicaid Commercial 5% ■ Indigent Care



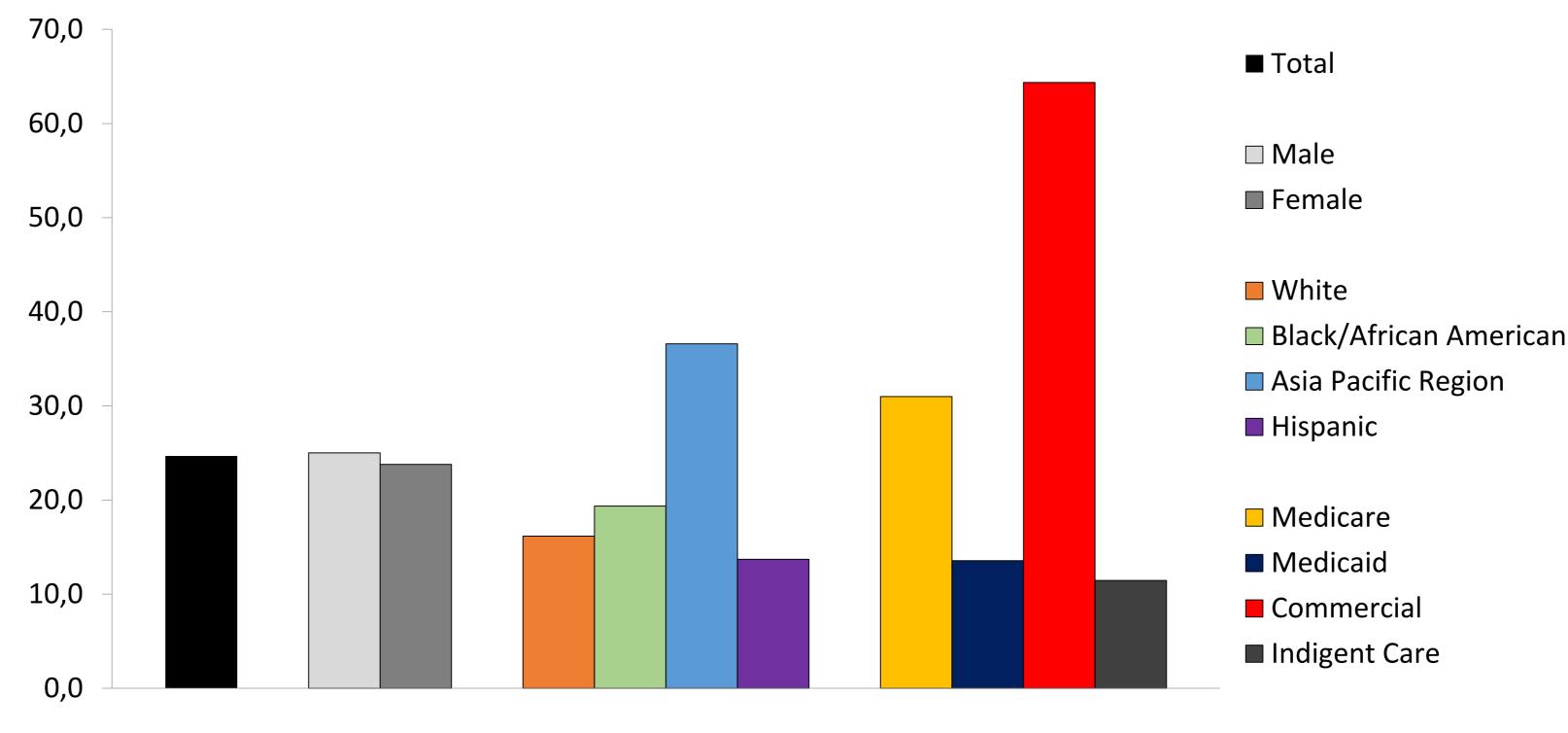


Table 2. Cox Proportional Hazards Model of Likelihood of Receiving Treatment Among Treatment-Eligible HBV Patients

	Any HBV Treatment vs. No Treatment			
	Adjusted Hazards Ratio (HR)	95% Confiden	ice Interval (CI)	<u>P Value</u>
Sex				
Male	1.00	Reference		
Female	1.05	0.58	1.90	0.861
Race/Ethnicity				
White	1.00	Reference		
Black/African American	0.96	0.46	1.99	0.914
Asian	4.21	1.46	12.15	0.008
Non-Hispanic vs. Hispanic	1.40	0.50	3.95	0.5205
nsurance Status				
Commercial	1.00	Reference		
Medicare	0.17	0.08	0.40	< 0.001
Medicaid	0.08	0.03	0.17	< 0.001
None/Indigent	0.07	0.04	0.14	<.0001
Cirrhosis vs. non-cirrhosis	1.78	1.04	3.05	0.036

CONCLUSIONS

- Among a safety-net cohort of 2,373 chronic HBV patients, 25.5% of patients were eligible for antiviral therapy, among which only 24.7% of patients received treatment
- Similar rates of HBV treatment were observed in men vs. women.
- Treatment-eligible Asian HBV patients were more likely to received HBV treatment (36.6%) compared to all other race/ethnic groups.
- Significant insurance-specific disparities were observed with 64.3% of treatment-eligible commercially insured patients receiving treatment compared to 31.0% among Medicare and 13.6% among Medicaid patients.
- On multivariate regression analyses
- Asians were more likely to receive treatment compared to whites (HR 4.21, 95% CI1.46-12.15, p<0.01)
- Compared to commercially insured patients, patients with Medicaid (HR 0.08, 95% CI 0.03-0.17, p<0.001) and Medicare (HR 0.17, 95% CI 0.08-0.40, p<0.001) were less likely to receive treatment

7 REFERENCES

Terrault NA, Lok ASF, McMahon BJ, et al. Update on prevention, diagnosis, and treatment of chronic hepatitis B: AASLD 2018 hepatitis B guidance. Hepatology. 2018 Apr;67(4):1560-1599.

Nguyen VH, Le AK, Trinh HN, et al. Poor Adherence to Guidelines for Treatment of Chronic Hepatitis B Virus Infection at Primary Care and Referral Practices. Clin Gastroenterol Hepatol. 2018 [Epub ahead of print]

Kim LH, Nguyen VG, Trinh HN, et al. Low treatment rates in patients meeting guideline criteria in diverse practice settings. Dig Dis Sci. 2014;59(9):2091-9.

8 - CONTACT

Robert Wong: rowong@alamedahealthsystem.org

Funding/Support: Research grant funding was provided by Gilead Sciences

