



PSYCHOSOCIAL ISSUES & SUPPORT FOR PwH & CwH IN INDIA



Mrs. Meera S Hanagavadi,

President,

Women's Group , Karnataka Hemophilia Society,
Karnataka Hemophilia Care & Hematology Research Centre, Davangere.
Dr. Suresh Hanagavadi, Dr Narsimha Rao, Dr. Mahendra Balar.



Objectives: To identify Psychosocial Issues amongst PWH and their families attending a Psychosocial Rehabilitation Camp.

Methods: A pre and post survey was conducted on 55 (PWH & their family members) participants attending a Psychosocial Rehabilitation Camp in 2010. Participants were requested to fill a structured questionnaire before and after the camp. Pre-camp questionnaire explored briefly the participant's demography, medical background and existing psychosocial issues. In the post-camp questionnaire, participants were requested to provide feedback on the aspects that they learnt and derived from the camp. Data was pooled and described. Survey response sheets for pre and post camp survey of the participants were coded for pairing and analysis. Anonymity was maintained throughout the survey.

Results: 55 (PWH & their family members) participants took part in the survey included 10 females, 5 children, 35 adolescents & 5 adults.

Prior to the camp: 25 participants shared their feelings with family and friends, 20 participant's low moods, 20 participants fear of threat to life from impending life-threatening bleed, 15 participants fear of acquiring transfusion transmitted infections, 30 participants social and financial insecurity. 5 participants Blame from care-givers and guilt of being a burden on family, 30 participants adopted coping mechanisms to deal with stress.

After the camp: 50 participants found the camp to be educational, boosted self-confidence, 50 participants felt supported in their lives with the psychosocial counseling. 50 participants expressed the need for more such camps in improving the overall quality of their lives.

Conclusion: Camps are important in identifying and addressing the psychosocial needs for PWH & their family members.



Mrs. Meera S Hanagavadi,

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Women's Group , Karnataka Hemophilia Society,
Karnataka Hemophilia Care & Hematology Research Centre, Davangere.
e-mail: meerahanagavadi@gmail.com,
web site: www.carehemophilia.com

Vision: Hemophilia without Disability, Children Free Of Pain.

