



Auto care for children's

Educational space for hemophilic children, Von Willebrand (H and EvW) and their families, making it possible to construct and acquire knowledge encouraging the enhancing of their quality of life.

Authors

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Objectives:

Implement an educational approach with children with the purpose of encouraging the promotion and prevention processes, seeking to enhance the children quality of life and a better environment for them.

Cause a space where it is possible to identify, construct, and re-create educational and practical elements favoring the life experiences of H and EvW children and their family ties.

Methods

The methods used to develop the proposal herein includes the formation component incorporated to the didactic learning strategies, and with specific practice spaces, wherein it is possible to materialize and give life to the knowledge constructed during the process, with the purpose of encouraging the approaching and appropriation of participants to the issues of health promotion, illnesses prevention, and self care practices that are approached in the program.

Results:

- Assumes a position of responsibility towards their illness and their life project.
- Identifies and manages risk factors increasing the protective factors.
- Implements self-care behaviors towards the quality of life for personal and family member.

Conclutions:

- Create opportunities for social inclusion and reflection.
- The work becomes self-propelling for their development, enabling personal growth and social inclusion.
- It generates a constructive participation in the personal process through better coping strategies.

Reference:

Beard, R. (1971) *Psicología Evolutiva de Piaget*. Buenos Aires: Kapelusz.

Rincón, C. (2002) *Infancia y comunicación*. Universidad Distrital Francisco José de Caldas.

World Federation of Hemophilia, "Guía de acompañamiento Psicosocial para personas en condición de Hemofilia."

